

- 1 Chemistry Methods and Measurement 1**
  - 2 The Composition and Structure of the Atom 33**
  - 3 Elements, Atoms, Ions, and the Periodic Table 57**
  - 4 Structure and Properties of Ionic and Covalent Compounds 81**
  - 5 Calculations and the Chemical Equation 117**
  - 6 States of Matter: Gases, Liquids, and Solids 149**
  - 7 Reactions and Solutions 175**
  - 8 Chemical and Physical Change: Energy, Rate, and Equilibrium 205**
  - 9 Charge-Transfer Reactions: Acids and Bases and Oxidation-Reduction 237**
  - 10 The Nucleus, Radioactivity, and Nuclear Medicine 269**
  - 11 An Introduction to Organic Chemistry: The Saturated Hydrocarbons 295**
  - 12 The Unsaturated Hydrocarbons: Alkenes, Alkynes, and Aromatics 323**
  - 13 Alcohols, Phenols, Thiols, and Ethers 355**
  - 14 Aldehydes and Ketones 383**
  - 15 Carboxylic Acids and Carboxylic Acid Derivatives 407**
  - 16 Amines and Amides 439**
  - 17 Carbohydrates 467**
  - 18 Lipids and Their Functions in Biochemical Systems 495**
  - 19 Protein Structure and Function 533**
  - 20 Enzymes 565**
  - 21 Carbohydrate Metabolism 599**
  - 22 Aerobic Respiration and Energy Production 635**
  - 23 Fatty Acid Metabolism 665**
  - 24 Introduction to Molecular Genetics 691**
- Appendixes 729*  
*Glossary 769*  
*Answers to Selected Problems 785*  
*Credits 821*  
*Index 823*

# 1 Chemistry: Methods and Measurement 1



## CHEMISTRY CONNECTION:

***Chance Favors the Prepared Mind 2***

- 1.1 The Discovery Process 3
  - Chemistry 3
  - Major Areas of Chemistry 3
  - The Scientific Method 3

## A HUMAN PERSPECTIVE:

***The Scientific Method 4***

Models in Chemistry 5  
Science and Technology 6

- 1.2 Data, Results, and Units 6
- 1.3 Measurement in Chemistry 7
  - English and Metric Units 7
  - Unit Conversion: English and Metric Systems 9
  - Conversion of Units within the Same System 9
  - Conversion of Units from One System to Another 11
- 1.4 Error, Accuracy, Precision, and Uncertainty 13
- 1.5 Significant Figures and Scientific Notation 14
  - Significant Figures 14
  - Recognition of Significant Figures 15
  - Scientific Notation 16
  - Significant Figures in Calculation of Results 17
  - Rounding Off Numbers 19
- 1.6 Experimental Quantities 20
  - Mass 20
  - Length 21
  - Volume 21
  - Time 22

Temperature 22  
Energy 23  
Concentration 24  
Density and Specific Gravity 24

## A HUMAN PERSPECTIVE:

***Food Calories 25***

## A CLINICAL PERSPECTIVE:

***Diagnosis Based on Waste 28***

*Summary 28*

*Key Terms 29*

*Questions and Problems 30*

*Critical Thinking Problems 31*

# 2 The Composition and Structure of the Atom 33

## CHEMISTRY CONNECTION:

***Curiosity, Science,  
and Medicine 34***

- 2.1 Matter and Properties 34
  - Matter and Physical Properties 34
  - Matter and Chemical Properties 35
  - Intensive and Extensive Properties 36
  - Classification of Matter 37
- 2.2 Matter and Structure 39
  - Atomic Structure 39
  - Isotopes 41
  - Ions 44
- 2.3 Development of the Atomic Theory 44
  - Dalton's Theory 44
  - Subatomic Particles: Electrons, Protons, and Neutrons 45
  - The Nucleus 46
  - Light and Atomic Structure 47
  - The Bohr Atom 49
- 2.4 Modern Atomic Theory 50

**A HUMAN PERSPECTIVE:****Atomic Spectra and the Fourth of July 51****AN ENVIRONMENTAL PERSPECTIVE:****Electromagnetic Radiation and Its Effects on Our  
Everyday Lives 52****Summary 54****Key Terms 54****Questions and Problems 55****Critical Thinking Problems 56****3 Elements,  
Atoms, Ions,  
and the Periodic  
Table 57****CHEMISTRY CONNECTION:****Managing Mountains  
of Information 58****3.1 The Periodic Law and the Periodic Table 58**

Numbering Groups in the Periodic Table 60

Periods and Groups 61

Metals and Nonmetals 61

Atomic Number and Atomic Mass 61

**A MEDICAL PERSPECTIVE:****Copper Deficiency and Wilson's Disease 62****3.2 Electron Arrangement and the Periodic Table 63**

Valence Electrons 63

The Quantum Mechanical Atom 66

Energy Levels and Sublevels 66

Electron Configuration and the Aufbau

Principle 68

Abbreviated Electron Configurations 70

**3.3 The Octet Rule 71**

Ion Formation and the Octet Rule 71

**A CLINICAL PERSPECTIVE:****Dietary Calcium 73****3.4 Trends in the Periodic Table 73**

Atomic Size 74

Ion Size 74

Ionization Energy 74

Electron Affinity 76

**Summary 77****Key Terms 77****Questions and Problems 77****Critical Thinking Problems 79****4 Structure and  
Properties of Ionic and  
Covalent  
Compounds 81****CHEMISTRY CONNECTION:****Magnets and Migration 82****4.1 Chemical Bonding 82**

Lewis Symbols 83

Principal Types of Chemical

Bonds: Ionic and Covalent 83

Polar Covalent Bonding and Electronegativity 85

**4.2 Naming Compounds and Writing Formulas of  
Compounds 86**

Ionic Compounds 87

Covalent Compounds 92

**4.3 Properties of Ionic and Covalent  
Compounds 94**

Physical State 94

Melting and Boiling Points 94

Structure of Compounds in the Solid State 94

**A HUMAN PERSPECTIVE:****How the Elements Came into Being 95**

Solutions of Ionic and Covalent Compounds 95

**4.4 Drawing Lewis Structures of Molecules and  
Polyatomic Ions 95**

Lewis Structures of Molecules 95

**A CLINICAL PERSPECTIVE:****Blood Pressure and the Sodium Ion/Potassium Ion  
Ratio 96**

Lewis Structures of Polyatomic Ions 99

Lewis Structure, Stability, Multiple Bonds, and  
Bond Energies 102

Lewis Structures and Resonance 103

Lewis Structures and Exceptions to the Octet  
Rule 104Lewis Structures and Molecular Geometry; VSEPR  
Theory 106

Lewis Structures and Polarity 110

**4.5 Properties Based on Molecular Geometry 112**

Solubility 112

Boiling Points of Liquids and Melting Points of  
Solids 113**Summary 114****Key Terms 115****Questions and Problems 115****Critical Thinking Problems 116**

## 5 Calculations and the Chemical Equation 117



### CHEMISTRY CONNECTION:

*The Chemistry of Automobile Air Bags 118*

- 5.1 The Mole Concept and Atoms 119  
The Mole and Avogadro's Number 119  
Calculating Atoms, Moles, and Mass 120
- 5.2 Compounds 123  
The Chemical Formula 123
- 5.3 The Mole Concept Applied to Compounds 124
- 5.4 The Chemical Equation and the Information It Conveys 126  
A Recipe for Chemical Change 126  
Features of a Chemical Equation 127  
The Experimental Basis of a Chemical Equation 127
- 5.5 Balancing Chemical Equations 128
- 5.6 The Extent of Chemical Reactions 132

### A CLINICAL PERSPECTIVE:

*Carbon Monoxide Poisoning: A Case of Combining Ratios 133*

- 5.7 Calculations Using the Chemical Equation 133  
General Principles 133  
Use of Conversion Factors 134  
The Limiting Reactant Problem 140  
Theoretical and Percent Yield 141

### A MEDICAL PERSPECTIVE:

*Pharmaceutical Chemistry: The Practical Significance of Percent Yield 144*

- Summary 144*
- Key Terms 145*
- Questions and Problems 146*
- Critical Thinking Problems 148*

## 6 States of Matter: Gases, Liquids, and Solids 149



### CHEMISTRY CONNECTION:

*The Demise of the Hindenburg 150*

- 6.1 The Gaseous State 151  
Ideal Gas Concept 151  
Measurement of Gases 151  
Boyle's Law 152  
Charles's Law 154

### A CLINICAL PERSPECTIVE:

*Autoclaves and the Gas Laws 156*

- Combined Gas Law 156
- Avogadro's Law 158
- Molar Volume of a Gas 159
- Gas Densities 159
- The Ideal Gas Law 160
- Dalton's Law of Partial Pressures 162
- Kinetic Molecular Theory of Gases 162

### AN ENVIRONMENTAL PERSPECTIVE:

*The Greenhouse Effect and Global Warming 163*

- Ideal Gases Versus Real Gases 164

- 6.2 The Liquid State 164

- Compressibility 165
- Viscosity 165
- Surface Tension 165

### A CLINICAL PERSPECTIVE:

*Blood Gases and Respiration 166*

- Vapor Pressure of a Liquid 166
- Van der Waals Forces 167
- Hydrogen Bonding 167

- 6.3 The Solid State 169

- Properties of Solids 169
- Types of Crystalline Solids 169

*Summary 170*

*Key Terms 171*

*Questions and Problems 171*

*Critical Thinking Problems 173*

## 7 Reactions and Solutions 175

### CHEMISTRY CONNECTION:

*Seeing a Thought 176*

- 7.1 Writing Chemical Reactions 177  
Combination Reactions 177  
Decomposition Reactions 177  
Replacement Reactions 177



- 7.2 Types of Chemical Reactions 178**  
 Precipitation Reactions 178  
 Reactions with Oxygen 180  
 Acid-Base Reactions 180  
 Oxidation-Reduction Reactions 180
- 7.3 Properties of Solutions 181**  
 General Properties of Liquid Solutions 181  
 Solutions and Colloids 182  
 Degree of Solubility 183  
 Solubility and Equilibrium 183  
 Solubility of Gases: Henry's Law 183
- 7.4 Concentration of Solutions: Percentage 184**  
 Weight/Volume Percent 184

**A HUMAN PERSPECTIVE:****Scuba Diving: Nitrogen and the Bends 185**

Weight/Weight Percent 186

- 7.5 Concentration of Solutions: Moles and Equivalents 187**  
 Molarity 187  
 Dilution 188  
 Representation of Concentration of Ions in Solution 190
- 7.6 Concentration-Dependent Solution Properties 191**  
 Vapor Pressure Lowering 191  
 Freezing Point Depression and Boiling Point Elevation 192  
 Osmotic Pressure 193
- 7.7 Water as a Solvent 196**
- 7.8 Electrolytes in Body Fluids 197**

**A HUMAN PERSPECTIVE:****An Extraordinary Molecule 198****A CLINICAL PERSPECTIVE:****Hemodialysis 200**

Summary 200

Key Terms 202

Questions and Problems 202

Critical Thinking Problems 203

## 8 Chemical and Physical Change: Energy, Rate, and Equilibrium 205

**CHEMISTRY CONNECTION:****The Cost of Energy? More Than You Imagine 206**

- 8.1 Thermodynamics 206**  
 The Chemical Reaction and Energy 207  
 Exothermic and Endothermic Reactions 207



- Enthalpy 208  
 Spontaneous and Nonspontaneous Reactions 209  
 Entropy 209  
 Free Energy 210

**A HUMAN PERSPECTIVE:****Triboluminescence: Sparks in the Dark with Candy 211**

- 8.2 Experimental Determination of Energy Change in Reactions 212**
- 8.3 Kinetics 215**  
 The Chemical Reaction 216  
 Activation Energy and the Activated Complex 216  
 Factors That Affect Reaction Rate 217

**A CLINICAL PERSPECTIVE:****Hot and Cold Packs 218**

Mathematical Representation of Reaction Rate 221

- 8.4 Equilibrium 223**  
 Rate and Reversibility of Reactions 223  
 Physical Equilibrium 223  
 Chemical Equilibrium 225  
 The Generalized Equilibrium-Constant Expression for a Chemical Reaction 226  
 LeChatelier's Principle 230

Summary 233

Key Terms 234

Questions and Problems 234

Critical Thinking Problems 235

## 9 Charge-Transfer Reactions: Acids and Bases and Oxidation-Reduction 237

**CHEMISTRY CONNECTION:****Drug Delivery 238**

- 9.1 Acids and Bases 239**  
 Arrhenius Theory of Acids and Bases 239  
 Brønsted-Lowry Theory of Acids and Bases 239  
 Conjugate Acids and Bases 240
- 9.2 Solutions of Acids and Bases 244**  
 Strengths of Acids and Bases 244  
 The Dissociation of Water 243  
 The pH Scale 244  
 The Importance of pH and pH Control 249
- 9.3 Reactions between Acids and Bases 249**  
 Neutralization 249

**AN ENVIRONMENTAL PERSPECTIVE:****Acid Rain 252**

Polyprotic Substances 252

#### 9.4 Acid–Base Buffers 254

The Buffer Process 254

Addition of Base ( $\text{OH}^-$ ) to a Buffer Solution 254

Addition of Acid ( $\text{H}_3\text{O}^+$ ) to a Buffer Solution 255

Preparation of a Buffer Solution 255

#### A CLINICAL PERSPECTIVE:

**Control of Blood pH 258**

#### 9.5 Oxidation–Reduction Processes 258

Oxidation and Reduction 258

#### A CLINICAL PERSPECTIVE:

**Oxidizing Agents for Chemical Control of Microbes 259**

Applications of Oxidation and Reduction 260

#### A CLINICAL PERSPECTIVE:

**Electrochemical Reactions in the Statue of Liberty and in Dental Fillings 261**

Biological Processes 262

Voltaic Cells 262

#### A MEDICAL PERSPECTIVE:

**Turning the Human Body into a Battery 264**

Electrolysis 265

Summary 266

Key Terms 266

Questions and Problems 267

Critical Thinking Problems 268

## 10 The Nucleus, Radioactivity, and Nuclear Medicine 269



#### CHEMISTRY CONNECTION:

**An Extraordinary Woman in Science 270**

#### 10.1 Natural Radioactivity 271

Alpha Particles 271

Beta Particles 272

Gamma Rays 272

Properties of Alpha, Beta, and Gamma Radiation 272

#### 10.2 Writing a Balanced Nuclear Equation 273

Alpha Decay 273

Beta Decay 274

Gamma Production 274

Predicting Products of Nuclear Decay 274

#### 10.3 Properties of Radioisotopes 275

Nuclear Structure and Stability 275

Half-Life 276

#### 10.4 Nuclear Power 277

Energy Production 277

Nuclear Fission 278

Nuclear Fusion 278

Breeder Reactors 280

#### 10.5 Radiocarbon Dating 280

#### AN ENVIRONMENTAL PERSPECTIVE:

**Nuclear Waste Disposal 281**

#### 10.6 Medical Applications of Radioactivity 282

Cancer Therapy Using Radiation 282

Nuclear Medicine 282

Making Isotopes for Medical Applications 284

#### 10.7 Biological Effects of Radiation 285

#### A CLINICAL PERSPECTIVE:

**Magnetic Resonance Imaging 286**

Radiation Exposure and Safety 286

#### 10.8 Detection and Measurement of Radiation 288

Nuclear Imaging 288

Computer Imaging 288

The Geiger Counter 289

Film Badges 289

#### 10.9 Units of Radiation Measurement 289

The Curie 290

The Roentgen 290

The Rad 290

The Rem 290

#### AN ENVIRONMENTAL PERSPECTIVE:

**Radon and Indoor Air Pollution 291**

Summary 291

Key Terms 291

Questions and Problems 291

Critical Thinking Problems 294

## 11 An Introduction to Organic Chemistry: The Saturated Hydrocarbons 295

#### CHEMISTRY CONNECTION:

**The Origin of Organic Compounds 296**

#### 11.1 The Chemistry of Carbon 297

Important Differences between Organic and Inorganic Compounds 298

Families of Organic Compounds 299

#### 11.2 Alkanes 300

Structure and Physical Properties 300

Alkyl Groups 302

Nomenclature 304



Constitutional Isomers 307

**AN ENVIRONMENTAL PERSPECTIVE:**

***Oil-Eating Bacteria* 309**

**11.3 Cycloalkanes 309**  
*cis-trans* Isomerism in Cycloalkanes 311

**11.4 Conformations of Alkanes and Cycloalkanes 313**

**11.5 Reactions of Alkanes and Cycloalkanes 314**  
Combustion 314

**A MEDICAL PERSPECTIVE:**

***Polyhalogenated Hydrocarbons Used as Anesthetics* 315**

Halogenation 315

*Summary of Reactions* 317

*Summary* 317

*Key Terms* 317

*Questions and Problems* 318

*Critical Thinking Problems* 321

**12 The Unsaturated Hydrocarbons: Alkenes, Alkynes, and Aromatics 323**



**CHEMISTRY CONNECTION:**

***A Cautionary Tale: DDT and Biological Magnification* 324**

**12.1 Alkenes and Alkynes: Structure and Physical Properties 325**

**12.2 Alkenes and Alkynes: Nomenclature 326**

**12.3 Geometric Isomers: A Consequence of Unsaturation 329**

**12.4 Reactions Involving Alkenes 332**  
Hydrogenation: Addition of  $H_2$  to an Alkene 332  
Halogenation: Addition of  $X_2$  to an Alkene 334  
Hydration: Addition of  $H_2O$  to an Alkene 336  
Hydrohalogenation: Addition of  $HX$  to an Alkene 337  
Oxidation Reactions 339  
Addition Polymers of Alkenes 339

**A HUMAN PERSPECTIVE:**

***Life without Polymers?* 340**

**12.5 Aromatic Hydrocarbons 342**  
Structure and Properties 342  
Nomenclature 343

**A HUMAN PERSPECTIVE:**

***Aromatic Compounds and Carcinogenesis* 346**

Reactions Involving Benzene 346

**12.6 Heterocyclic Aromatic Compounds 347**

*Summary of Reactions* 348

*Summary* 349

*Key Terms* 350

*Questions and Problems* 350

*Critical Thinking Problems* 352

**13 Alcohols, Phenols, Thiols, and Ethers 355**



**CHEMISTRY CONNECTION:**

***Fetal Alcohol Syndrome* 356**

**13.1 Alcohols: Structure and Physical Properties 357**

**13.2 Alcohols: Nomenclature 358**  
I.U.P.A.C. Names 358  
Common Names 359

**13.3 Medically Important Alcohols 360**

**13.4 Classification of Alcohols 361**

**13.5 Reactions Involving Alcohols 363**  
Preparation of Alcohols 363  
Dehydration of Alcohols 366  
Oxidation Reactions 368

**13.6 Oxidation and Reduction in Living Systems 370**

**A HUMAN PERSPECTIVE:**

***Alcohol Consumption and the Breathalyzer Test* 371**

**A CLINICAL PERSPECTIVE:**

***Multistep Organic Synthesis* 372**

**13.7 Phenols 373**

**13.8 Ethers 374**

**13.9 Thiols 376**

*Summary of Reactions* 378

*Summary* 379

*Key Terms* 379

*Questions and Problems* 379

*Critical Thinking Problems* 382

**14 Aldehydes and Ketones 383**

**CHEMISTRY CONNECTION:**

***Genetic Complexity from Simple Molecules* 384**

**14.1 Structure and Physical Properties 385**



- 14.2 I.U.P.A.C. Nomenclature and Common Names 386**  
 Naming Aldehydes 386  
 Naming Ketones 389
- 14.3 Important Aldehydes and Ketones 390**
- 14.4 Reactions Involving Aldehydes and Ketones 391**  
 Preparation of Aldehydes and Ketones 391

**A CLINICAL PERSPECTIVE:****Aldehydes in Medicine 392**

- Oxidation Reactions 393  
 Reduction Reactions 395  
 Addition Reactions 396  
 Keto–Enol Tautomers 398  
 Aldol Condensation 399

**A HUMAN PERSPECTIVE:****The Chemistry of Vision 401**

- Summary of Reactions 402*  
*Summary 403*  
*Key Terms 404*  
*Questions and Problems 404*  
*Critical Thinking Problems 406*

## 15 Carboxylic Acids and Carboxylic Acid Derivatives 407

**CHEMISTRY CONNECTION:****Wake Up, Sleeping Gene 408**

- 15.1 Carboxylic Acids 409**  
 Structure and Physical Properties 409  
 Nomenclature 410  
 Some Important Carboxylic Acids 414  
 Reactions Involving Carboxylic Acids 415

**AN ENVIRONMENTAL PERSPECTIVE:****Garbage Bags from Potato Peels 416**

- 15.2 Esters 418**  
 Structure and Physical Properties 418  
 Nomenclature 419  
 Reactions Involving Esters 419
- 15.3 Acid Chlorides and Acid Anhydrides 424**  
 Acid Chlorides 424  
 Acid Anhydrides 426
- 15.4 Nature's High-Energy Compounds: Phosphoesters and Thioesters 429**

**A HUMAN PERSPECTIVE:****Carboxylic Acid Derivatives of Special Interest 430**

- Summary of Reactions 433*

- Summary 434*  
*Key Terms 434*  
*Questions and Problems 434*  
*Critical Thinking Problems 437*

## 16 Amines and Amides 439

**CHEMISTRY CONNECTION:****The Nicotine Patch 440**

- 16.1 Amines 441**  
 Structure and Physical Properties 441  
 Nomenclature 445

**A CLINICAL PERSPECTIVE:****Medically Important Amines 447**

- Reactions Involving Amines 448

**A MEDICAL PERSPECTIVE:****Secondary Amines and Cancer 451**

- Quaternary Ammonium Salts 452

- 16.2 Heterocyclic Amines 452**

- 16.3 Amides 454**

**A HUMAN PERSPECTIVE:****Amines and the Central Nervous System 455**

- Structure and Physical Properties 456  
 Nomenclature 456  
 Reactions Involving Amides 456

**A CLINICAL PERSPECTIVE:****Medically Important Amides 457**

- 16.4 A Preview of Amino Acids, Proteins, and Protein Synthesis 460**

- Summary of Reactions 461*  
*Summary 462*  
*Key Terms 462*  
*Questions and Problems 462*  
*Critical Thinking Problems 465*

## 17 Carbohydrates 467

**CHEMISTRY CONNECTION:****Chemistry Through the Looking Glass 468****A HUMAN PERSPECTIVE:****Tooth Decay and Simple Sugars 470**



- 17.1 Types of Carbohydrates 471**
- 17.2 Monosaccharides 471**  
 Nomenclature 471  
 Stereoisomers 472  
 Some Important Monosaccharides 473  
 Reducing Sugars 480
- 17.3 Disaccharides 481**  
 Maltose 482  
 Lactose 482  
 Sucrose 483

**A HUMAN PERSPECTIVE:**

***Blood Transfusions and the Blood Group Antigens 484***

- 17.4 Polysaccharides 485**  
 Starch 485  
 Glycogen 487  
 Cellulose 487

**A CLINICAL PERSPECTIVE:**

***The Bacterial Cell Wall 488***

**A MEDICAL PERSPECTIVE:**

***Monosaccharide Derivatives and Heteropolysaccharides of Medical Interest 490***

- Summary 492*  
*Key Terms 492*  
*Questions and Problems 492*  
*Critical Thinking Problems 493*

## **18 Lipids and Their Functions in Biochemical Systems 495**

**CHEMISTRY CONNECTION:**

***Life-Saving Lipids 496***

- 18.1 Biological Functions of Lipids 496**
- 18.2 Fatty Acids 498**  
 Structure and Properties 498  
 Chemical Reactions of Fatty Acids 501  
 Eicosanoids: Prostaglandins, Leukotrienes, and Thromboxanes 503
- 18.3 Glycerides 505**  
 Neutral Glycerides 505  
 Phosphoglycerides 507
- 18.4 Nonglyceride Lipids 509**  
 Sphingolipids 509

**A CLINICAL PERSPECTIVE:**

***Disorders of Sphingolipid Metabolism 510***  
 Steroids 512

**A HUMAN PERSPECTIVE:**

***Anabolic Steroids and Athletics 513***

**A CLINICAL PERSPECTIVE:**

***Steroids and the Treatment of Heart Disease 515***

Waxes 516

- 18.5 Complex Lipids 516**
- 18.6 The Structure of Biological Membranes 519**  
 Fluid Mosaic Structure of Biological Membranes 519  
 Membrane Transport 522

**A CLINICAL PERSPECTIVE:**

***Antibiotics That Destroy Membrane Integrity 524***

Energy Requirements for Transport 528

*Summary 529*

*Key Terms 529*

*Questions and Problems 530*

*Critical Thinking Problems 531*

## **19 Protein Structure and Function 533**

**CHEMISTRY CONNECTION:**

***Angiogenesis Inhibitors: Proteins that Inhibit Tumor Growth 534***

- 19.1 Cellular Functions of Proteins 535**
- 19.2 The  $\alpha$ -Amino Acids 535**
- 19.3 The Peptide Bond 539**

**A HUMAN PERSPECTIVE:**

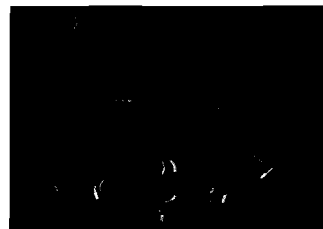
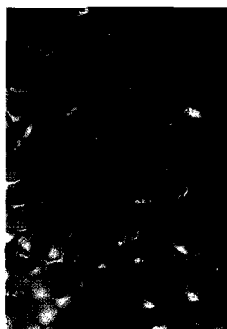
***The Opium Poppy and Peptide Synthesis in the Brain 542***

- 19.4 The Primary Structure of Proteins 543**
- 19.5 The Secondary Structure of Proteins 544**  
 $\alpha$ -Helix 544  
 $\beta$ -Pleated Sheet 546
- 19.6 The Tertiary Structure of Proteins 546**

**A HUMAN PERSPECTIVE:**

***Collagen: A Protein That Makes Us Strong 548***

- 19.7 The Quaternary Structure of Proteins 549**
- 19.8 An Overview of Protein Structure and Function 551**
- 19.9 Myoglobin and Hemoglobin 552**  
 Myoglobin and Oxygen Storage 552  
 Hemoglobin and Oxygen Transport 552



**A MEDICAL PERSPECTIVE:**

***Immunoglobulins: Proteins That Defend the Body* 554**

Oxygen Transport from Mother to Fetus 556  
Sickle Cell Anemia 557

**19.10 Denaturation of Proteins 557**

**19.11 Dietary Protein and Protein Digestion 560**

*Summary* 562

*Key Terms* 563

*Questions and Problems* 563

*Critical Thinking Problems* 564

## 20 Enzymes 565

**CHEMISTRY CONNECTION:**

***Super Hot Enzymes and the Origin of Life* 566**

**20.1 Nomenclature and Classification 567**

Nomenclature of Enzymes 567  
Classification of Enzymes 568

**20.2 The Effect of Enzymes on the Activation Energy of a Reaction 571**

**20.3 The Effect of Substrate Concentration on Enzyme-Catalyzed Reactions 572**

**20.4 The Enzyme-Substrate Complex 573**

**20.5 Specificity of the Enzyme-Substrate Complex 574**

**20.6 The Transition State and Product Formation 575**

**A CLINICAL PERSPECTIVE:**

***The AIDS Test* 576**

**20.7 Cofactors and Coenzymes 579**

**20.8 Environmental Effects 581**

Effect of pH 581  
Effect of Temperature 583

**20.9 Regulation of Enzyme Activity 584**

Allosteric Enzymes 584  
Feedback Inhibition 586  
Zymogens 586

**20.10 Inhibition of Enzyme Activity 587**

Irreversible Inhibitors 587  
Reversible, Competitive Inhibitors 587

**A CLINICAL PERSPECTIVE:**

***Enzymes, Nerve Transmission, and Nerve Agents* 588**

Reversible, Noncompetitive Inhibitors 590

**20.11 Proteolytic Enzymes 590**

**A CLINICAL PERSPECTIVE:**

***Enzymes, Isoenzymes, and Myocardial Infarction* 592**

**20.12 Uses of Enzymes in Medicine 594**

*Summary* 595

*Key Terms* 596

*Questions and Problems* 597

*Critical Thinking Problems* 598

## 21 Carbohydrate Metabolism 599

**CHEMISTRY CONNECTION:**

***The Man Who Got Tippy from Eating Pasta* 600**



**21.1 ATP: The Cellular Energy Currency 601**

**21.2 Overview of Catabolic Processes 604**

Stage I: Hydrolysis of Dietary Macromolecules into Small Subunits 604

Stage II: Conversion of Monomers into a Form That Can Be Completely Oxidized 606

Stage III: The Complete Oxidation of Nutrients and the Production of ATP 607

**21.3 Glycolysis 608**

An Overview 608  
Reactions of Glycolysis 609  
Regulation of Glycolysis 615

**21.4 Fermentations 616**

Lactate Fermentation 616  
Alcohol Fermentation 617

**21.5 The Pentose Phosphate Pathway 618**

**21.6 Gluconeogenesis: The Synthesis of Glucose 619**

**21.7 Glycogen Synthesis and Degradation 621**

The Structure of Glycogen 621  
Glycogenolysis: Glycogen Degradation 621  
Glycogenesis: Glycogen Synthesis 624

**A HUMAN PERSPECTIVE:**

***Fermentations: The Good, the Bad, and the Ugly* 626**

Compatibility of Glycogenesis and Glycogenolysis 628

**A HUMAN PERSPECTIVE:**

***Glycogen Storage Diseases* 630**

*Summary* 631

*Key Terms* 631

*Questions and Problems* 631  
*Critical Thinking Problems* 632

## 22 Aerobic Respiration and Energy Production 635



**CHEMISTRY CONNECTION:**  
***Mitochondria from Mom*** 636

- 22.1 The Mitochondria** 637  
 Structure and Function 637  
 Origin of the Mitochondria 637
- A HUMAN PERSPECTIVE:**  
***Exercise and Energy Metabolism*** 638
- 22.2 Conversion of Pyruvate to Acetyl CoA** 638
- 22.3 An Overview of Aerobic Respiration** 641
- 22.4 The Citric Acid Cycle (The Krebs Cycle)** 642  
 Reactions of the Citric Acid Cycle 642
- 22.5 Control of the Citric Acid Cycle** 645
- 22.6 Oxidative Phosphorylation** 646  
 Electron Transport Systems and the Hydrogen Ion Gradient 646  
 ATP Synthase and the Production of ATP 647  
 Summary of the Energy Yield 648

**A HUMAN PERSPECTIVE:**  
***Brown Fat: The Fat That Makes You Thin?*** 650

- 22.7 The Degradation of Amino Acids** 652  
 Removal of  $\alpha$ -Amino Groups:  
 Transamination 652  
 Removal of  $\alpha$ -Amino Groups: Oxidative  
 Deamination 654  
 The Fate of Amino Acid Carbon Skeletons 654
- 22.8 The Urea Cycle** 656  
 Reactions of the Urea Cycle 656
- 22.9 Overview of Anabolism: The Citric Acid Cycle as a Source of Biosynthetic Intermediates** 659

*Summary* 661  
*Key Terms* 662  
*Questions and Problems* 662  
*Critical Thinking Problems* 663

## 23 Fatty Acid Metabolism 665



**CHEMISTRY CONNECTION:**  
***Obesity: A Genetic Disorder?*** 666

- 23.1 Lipid Metabolism in Animals** 667  
 Digestion and Absorption of Dietary  
 Triglycerides 667  
 Lipid Storage 668
- 23.2 Fatty Acid Degradation** 670  
 An Overview of Fatty Acid Degradation 670

**A HUMAN PERSPECTIVE:**  
***Losing Those Unwanted Pounds of Adipose Tissue*** 672

- The Reactions of  $\beta$ -Oxidation 674
- 23.3 Ketone Bodies** 677  
 Ketosis 677  
 Ketogenesis 678

**A CLINICAL PERSPECTIVE:**  
***Diabetes Mellitus and Ketone Bodies*** 680

- 23.4 Fatty Acid Synthesis** 682  
 A Comparison of Fatty Acid Synthesis and  
 Degradation 682
- 23.5 The Regulation of Lipid and Carbohydrate Metabolism** 684  
 The Liver 684  
 Adipose Tissue 685  
 Muscle Tissue 685  
 The Brain 686

- 23.6 The Effects of Insulin and Glucagon on Cellular Metabolism** 686

*Summary* 688  
*Key Terms* 688  
*Questions and Problems* 688  
*Critical Thinking Problems* 689

## 24 Introduction to Molecular Genetics 691

**CHEMISTRY CONNECTION:**  
***Molecular Genetics and Detection of Human Genetic Disease*** 692

- 24.1 The Structure of the Nucleotide** 693  
 Chemical Composition of DNA and RNA 693  
 Nucleotide Structure 693
- 24.2 The Structure of DNA and RNA** 696  
 DNA Structure: The Double Helix 696

**A CLINICAL PERSPECTIVE:**  
***Fooling the AIDS Virus with "Look-Alike" Nucleotides*** 698

- RNA Structure 699
- 24.3 DNA Replication** 700

<b>24.4</b>	<b>Information Flow in Biological Systems</b>	<b>701</b>
	Classes of RNA Molecules	702
	Transcription	703
	Post-transcriptional Processing of RNA	705
<b>24.5</b>	<b>The Genetic Code</b>	<b>707</b>
<b>24.6</b>	<b>Protein Synthesis</b>	<b>708</b>
	The Role of Transfer RNA	709
	The Process of Translation	711
<b>24.7</b>	<b>Mutation, Ultraviolet Light, and DNA Repair</b>	<b>713</b>
	The Nature of Mutations	713
	The Results of Mutations	713
	Mutagens and Carcinogens	714
	Ultraviolet Light Damage and DNA Repair	714
<b>A CLINICAL PERSPECTIVE:</b>		
	<b><i>The Ames Test for Carcinogens</i></b>	<b>715</b>
	Consequences of Defects in DNA Repair	716
<b>24.8</b>	<b>Recombinant DNA</b>	<b>716</b>
	Tools Used in the Study of DNA	716

<b>A HUMAN PERSPECTIVE:</b>		
	<b><i>DNA Fingerprinting</i></b>	<b>720</b>
	Genetic Engineering	721
<b>24.9</b>	<b>Polymerase Chain Reaction</b>	<b>723</b>
<b>A MEDICAL PERSPECTIVE:</b>		
	<b><math>\alpha_1</math>-Antitrypsin and Familial Emphysema</b>	<b>724</b>
	<i>Summary</i>	725
	<i>Key Terms</i>	726
	<i>Questions and Problems</i>	727
	<i>Critical Thinking Problems</i>	728
	<i>Appendixes</i>	729
	<i>Glossary</i>	769
	<i>Answers to Selected Problems</i>	785
	<i>Credits</i>	821
	<i>Index</i>	823