

CONTENTS

CHAPTER I. GENERAL INTRODUCTION TO THE VITAMIN THEORY	13
CHAPTER II. VITAMIN B (B1)	24
CHAPTER III. VITAMIN G (B2)	111
CHAPTER IV. VITAMIN C	148
CHAPTER V. VITAMIN A	221
CHAPTER VI. VITAMIN D	293
CHAPTER VII. VITAMIN E	336
BIBLIOGRAPHY	351
INDEX OF AUTHORS	535
INDEX OF SUBJECTS	553