

CONTENTS

I The Poisons You Eat	1
II The Nation's Health-Hospitals, SRO	23
III A Little Poison	44
IV Bug Killers in Every Bite	55
V Cancer and Human Guinea Pigs	92
VI Dyes the "Innocent" Carcinogens	111
VIII Emulsifiers-Whose Laboratory, Which Tests?	165
IX White Bread-Enriched but Still Impoverished	179
X The Sugar Story	197
XI You Are What You Eat	206
XII The Law That Does Not Protect	227
XIII What to Do about It	253
Postscript	
Bibliography	273