## **Contents**

Preface	XV
Pielace	$\Lambda V$

## List of Contributors XVII

Phytosciences  Plant Extracts: action
action
Quality Control
g-Resistant
Chronic
neir Interactions
21
4
1

Modem Phytomedicme. Turning Medicinal Plants into Daugs Edited by I. Ahmad, F. Aqil, and M. Owais Copyright © 2006 WILEY-VCH Verlag GmbH & Co. KGaA, Weinheim ISBN: 3-527-31530-6

2.3.1.5 Determination of Microbial Contaminants and Aflatoxins 35 2.3.1.6 Determination of Pesticide Residues 36 2.3.1.7 Determination of Radioactive Contamination 37 2.3.1.8 Analytical Methods 37 2.3.1.9 Validation 38 2.4 Herbal Supplements 39 2.5 Adulteration of Herbal Drugs 40 2.6 Contamination of Herbal Drugs 40 2.7 Toxicity of Herbal Drugs 43 2.8 Screening of Herbal Drugs 45 2.9 Labeling of Herbal Products 46 2.10 Policies and Regulations 47 2.11 Trends and Developments 49 2.12 Conclusions 50 References 53  3 Herbal Medicines: Prospects and Constraints 59 Iqbal Ahmad, Farrukh Aqil, Farah Ahmad, and Mohammad Owais 3.1 Introduction 59 3.1.1 Traditional Systems of Medicine 61 3.1.1.1 Asian Medicinal System 61 3.1.1.2 European Herbalism 61 3.1.1.3 Neo-Western Herbalism 61 3.1.1 Neo-Western Herbalism 61 3.1.2 Modern Phytomedicine 62 3.2.1 Indian System-Based Herbal Medicine 64 3.2.2 Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67 3.3 Constraints in Herbal Medicine 68 3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68 3.3.2 Toxicity and Adverse Effects 68 3.3.3 Adulteration and Contamination 69 3.3.4 Herb-Drug Interactions 69 3.3.5 Standardization 71
<ul> <li>2.3.1.7 Determination of Radioactive Contamination 37</li> <li>2.3.1.8 Analytical Methods 37</li> <li>2.3.1.9 Validation 38</li> <li>2.4 Herbal Supplements 39</li> <li>2.5 Adulteration of Herbal Drugs 40</li> <li>2.6 Contamination of Herbal Drugs and Herb–Drug Interactions 41</li> <li>2.7 Toxicity of Herbal Drugs 43</li> <li>2.8 Screening of Herbal Products 46</li> <li>2.10 Policies and Regulations 47</li> <li>2.11 Trends and Developments 49</li> <li>2.12 Conclusions 50 References 53</li> <li>3 Herbal Medicines: Prospects and Constraints 59 Igbal Ahmad, Farrukh Aqil, Farah Ahmad, and Mohammad Owais</li> <li>3.1 Introduction 59</li> <li>3.1.1 Traditional Systems of Medicine 61</li> <li>3.1.1.1 Asian Medicinal System 61</li> <li>3.1.1.2 European Herbalism 61</li> <li>3.1.1.3 Neo-Western Herbalism 61</li> <li>3.1.2 Modern Phytomedicine 61</li> <li>3.2 Prospects for Herbal Medicine 62</li> <li>3.2.1 Indian System-Based Herbal Medicine 64</li> <li>3.2.2 Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67</li> <li>3.3 Constraints in Herbal Medicine 68</li> <li>3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68</li> <li>3.3.3 Adulteration and Contamination 69</li> <li>3.3.4 Herb-Drug Interactions 69</li> <li>3.3.5 Standardization 71</li> </ul>
2.3.1.8 Analytical Methods 37 2.3.1.9 Validation 38 2.4 Herbal Supplements 39 2.5 Adulteration of Herbal Drugs 40 2.6 Contamination of Herbal Drugs and Herb-Drug Interactions 41 2.7 Toxicity of Herbal Drugs 43 2.8 Screening of Herbal Drugs 45 2.9 Labeling of Herbal Products 46 2.10 Policies and Regulations 47 2.11 Trends and Developments 49 2.12 Conclusions 50 References 53  3 Herbal Medicines: Prospects and Constraints 59 Iqbal Ahmad, Farrukh Aqil, Farah Ahmad, and Mohammad Owais 3.1 Introduction 59 3.1.1 Traditional Systems of Medicine 61 3.1.1.1 Asian Medicinal System 61 3.1.1.2 European Herbalism 61 3.1.1.3 Neo-Western Herbalism 61 3.1.1 Modern Phytomedicine 61 3.1 Prospects for Herbal Medicine 62 3.2.1 Indian System-Based Herbal Medicine 64 3.2.2 Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67 3.3 Constraints in Herbal Medicine 68 3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68 3.3.2 Toxicity and Adverse Effects 68 3.3.3 Adulteration and Contamination 69 3.3.4 Herb-Drug Interactions 69 3.3.5 Standardization 71
2.3.1.9 Validation 38 2.4 Herbal Supplements 39 2.5 Adulteration of Herbal Drugs 40 2.6 Contamination of Herbal Drugs and Herb-Drug Interactions 41 2.7 Toxicity of Herbal Drugs 43 2.8 Screening of Herbal Drugs 45 2.9 Labeling of Herbal Products 46 2.10 Policies and Regulations 47 2.11 Trends and Developments 49 2.12 Conclusions 50 References 53  3 Herbal Medicines: Prospects and Constraints 59 Iqbal Ahmad, Farrukh Aqil, Farah Ahmad, and Mohammad Owais 3.1 Introduction 59 3.1.1 Traditional Systems of Medicine 61 3.1.1.1 Asian Medicinal System 61 3.1.1.2 European Herbalism 61 3.1.1.3 Neo-Western Herbalism 61 3.1.1 Modern Phytomedicine 61 3.1 Indian System-Based Herbal Medicine 64 3.2.1 Indian System-Based Herbal Medicine 64 3.2.2 Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67 3.3 Constraints in Herbal Medicine 68 3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68 3.3.2 Toxicity and Adverse Effects 68 3.3.3 Adulteration and Contamination 69 3.3.4 Herb-Drug Interactions 69 3.3.5 Standardization 71
<ul> <li>2.3.1.9 Validation 38</li> <li>2.4 Herbal Supplements 39</li> <li>2.5 Adulteration of Herbal Drugs 40</li> <li>2.6 Contamination of Herbal Drugs and Herb-Drug Interactions 41</li> <li>2.7 Toxicity of Herbal Drugs 43</li> <li>2.8 Screening of Herbal Drugs 45</li> <li>2.9 Labeling of Herbal Products 46</li> <li>2.10 Policies and Regulations 47</li> <li>2.11 Trends and Developments 49</li> <li>2.12 Conclusions 50 References 53</li> <li>3 Herbal Medicines: Prospects and Constraints 59 Iqbal Ahmad, Farrukh Aqil, Farah Ahmad, and Mohammad Owais</li> <li>3.1 Introduction 59</li> <li>3.1.1 Traditional Systems of Medicine 61</li> <li>3.1.1.1 Asian Medicinal System 61</li> <li>3.1.1.2 European Herbalism 61</li> <li>3.1.1.3 Neo-Western Herbalism 61</li> <li>3.1. Modern Phytomedicine 61</li> <li>3.2 Prospects for Herbal Medicine 62</li> <li>3.2.1 Indian System-Based Herbal Medicine 64</li> <li>3.2.2 Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67</li> <li>3.3 Constraints in Herbal Medicine 68</li> <li>3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68</li> <li>3.3.3 Adulteration and Contamination 69</li> <li>3.3.4 Herb-Drug Interactions 69</li> <li>3.3.5 Standardization 71</li> </ul>
2.5 Adulteration of Herbal Drugs 40 2.6 Contamination of Herbal Drugs and Herb-Drug Interactions 41 2.7 Toxicity of Herbal Drugs 43 2.8 Screening of Herbal Drugs 45 2.9 Labeling of Herbal Products 46 2.10 Policies and Regulations 47 2.11 Trends and Developments 49 2.12 Conclusions 50 References 53  3 Herbal Medicines: Prospects and Constraints 59 Iqbal Ahmad, Farrukh Aqil, Farah Ahmad, and Mohammad Owais 3.1 Introduction 59 3.1.1 Traditional Systems of Medicine 61 3.1.1.1 Asian Medicinal System 61 3.1.1.2 European Herbalism 61 3.1.1.3 Neo-Western Herbalism 61 3.1.2 Modern Phytomedicine 61 3.2 Prospects for Herbal Medicine 62 3.2.1 Indian System-Based Herbal Medicine 64 3.2.2 Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67 3.3 Constraints in Herbal Medicine 68 3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68 3.3.2 Toxicity and Adverse Effects 68 3.3.3 Adulteration and Contamination 69 3.3.4 Herb-Drug Interactions 69 3.3.5 Standardization 71
2.6 Contamination of Herbal Drugs and Herb-Drug Interactions 41 2.7 Toxicity of Herbal Drugs 43 2.8 Screening of Herbal Drugs 45 2.9 Labeling of Herbal Products 46 2.10 Policies and Regulations 47 2.11 Trends and Developments 49 2.12 Conclusions 50 References 53  3 Herbal Medicines: Prospects and Constraints 59 Iqbal Ahmad, Farrukh Aqil, Farah Ahmad, and Mohammad Owais 3.1 Introduction 59 3.1.1 Traditional Systems of Medicine 61 3.1.1.1 Asian Medicinal System 61 3.1.1.2 European Herbalism 61 3.1.1.3 Neo-Western Herbalism 61 3.1.2 Modern Phytomedicine 61 3.2 Prospects for Herbal Medicine 62 3.2.1 Indian System-Based Herbal Medicine 64 3.2.2 Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67 3.3 Constraints in Herbal Medicine 68 3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68 3.3.2 Toxicity and Adverse Effects 68 3.3.3 Adulteration and Contamination 69 3.3.4 Herb-Drug Interactions 69 3.3.5 Standardization 71
<ul> <li>2.7 Toxicity of Herbal Drugs 43</li> <li>2.8 Screening of Herbal Drugs 45</li> <li>2.9 Labeling of Herbal Products 46</li> <li>2.10 Policies and Regulations 47</li> <li>2.11 Trends and Developments 49</li> <li>2.12 Conclusions 50 References 53</li> <li>3 Herbal Medicines: Prospects and Constraints 59 Iqbal Ahmad, Farrukh Aqil, Farah Ahmad, and Mohammad Owais</li> <li>3.1 Introduction 59</li> <li>3.1.1 Traditional Systems of Medicine 61</li> <li>3.1.1.1 Asian Medicinal System 61</li> <li>3.1.1.2 European Herbalism 61</li> <li>3.1.1.3 Neo-Western Herbalism 61</li> <li>3.1.2 Modern Phytomedicine 61</li> <li>3.2 Prospects for Herbal Medicine 62</li> <li>3.2.1 Indian System-Based Herbal Medicine 64</li> <li>3.2.2 Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67</li> <li>3.3 Constraints in Herbal Medicine 68</li> <li>3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68</li> <li>3.3.2 Toxicity and Adverse Effects 68</li> <li>3.3.3 Adulteration and Contamination 69</li> <li>3.3.4 Herb-Drug Interactions 69</li> <li>3.3.5 Standardization 71</li> </ul>
<ul> <li>2.8 Screening of Herbal Drugs 45</li> <li>2.9 Labeling of Herbal Products 46</li> <li>2.10 Policies and Regulations 47</li> <li>2.11 Trends and Developments 49</li> <li>2.12 Conclusions 50 References 53</li> <li>3 Herbal Medicines: Prospects and Constraints 59 Iqbal Ahmad, Farrukh Aqil, Farah Ahmad, and Mohammad Owais</li> <li>3.1 Introduction 59</li> <li>3.1.1 Traditional Systems of Medicine 61</li> <li>3.1.1.1 Asian Medicinal System 61</li> <li>3.1.1.2 European Herbalism 61</li> <li>3.1.1.3 Neo-Western Herbalism 61</li> <li>3.1. Modern Phytomedicine 61</li> <li>3.2 Prospects for Herbal Medicine 62</li> <li>3.2.1 Indian System-Based Herbal Medicine 64</li> <li>3.2.2 Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67</li> <li>3.3 Constraints in Herbal Medicine 68</li> <li>3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68</li> <li>3.3.2 Toxicity and Adverse Effects 68</li> <li>3.3.3 Adulteration and Contamination 69</li> <li>3.3.4 Herb-Drug Interactions 69</li> <li>3.3.5 Standardization 71</li> </ul>
<ul> <li>2.9 Labeling of Herbal Products 46</li> <li>2.10 Policies and Regulations 47</li> <li>2.11 Trends and Developments 49</li> <li>2.12 Conclusions 50 References 53</li> <li>3 Herbal Medicines: Prospects and Constraints 59 Iqbal Ahmad, Farrukh Aqil, Farah Ahmad, and Mohammad Owais</li> <li>3.1 Introduction 59</li> <li>3.1.1 Traditional Systems of Medicine 61</li> <li>3.1.1.1 Asian Medicinal System 61</li> <li>3.1.1.2 European Herbalism 61</li> <li>3.1.1.3 Neo-Western Herbalism 61</li> <li>3.1. Modern Phytomedicine 61</li> <li>3. Prospects for Herbal Medicine 62</li> <li>3. Indian System-Based Herbal Medicine 64</li> <li>3. Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67</li> <li>3. Constraints in Herbal Medicine 68</li> <li>3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68</li> <li>3.3.2 Toxicity and Adverse Effects 68</li> <li>3.3.3 Adulteration and Contamination 69</li> <li>3.3.4 Herb-Drug Interactions 69</li> <li>3.3.5 Standardization 71</li> </ul>
<ul> <li>2.10 Policies and Regulations 47</li> <li>2.11 Trends and Developments 49</li> <li>2.12 Conclusions 50 References 53</li> <li>3 Herbal Medicines: Prospects and Constraints 59 Iqbal Ahmad, Farrukh Aqil, Farah Ahmad, and Mohammad Owais</li> <li>3.1 Introduction 59</li> <li>3.1.1 Traditional Systems of Medicine 61</li> <li>3.1.1.2 European Herbalism 61</li> <li>3.1.1.3 Neo-Western Herbalism 61</li> <li>3.1.2 Modern Phytomedicine 61</li> <li>3.2 Prospects for Herbal Medicine 62</li> <li>3.2.1 Indian System-Based Herbal Medicine 64</li> <li>3.2.2 Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67</li> <li>3.3 Constraints in Herbal Medicine 68</li> <li>3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68</li> <li>3.3.2 Toxicity and Adverse Effects 68</li> <li>3.3.3 Adulteration and Contamination 69</li> <li>3.3.4 Herb—Drug Interactions 69</li> <li>3.3.5 Standardization 71</li> </ul>
<ul> <li>2.11 Trends and Developments 49</li> <li>2.12 Conclusions 50 References 53</li> <li>3 Herbal Medicines: Prospects and Constraints 59 Iqbal Ahmad, Farrukh Aqil, Farah Ahmad, and Mohammad Owais</li> <li>3.1 Introduction 59</li> <li>3.1.1 Traditional Systems of Medicine 61</li> <li>3.1.1.1 Asian Medicinal System 61</li> <li>3.1.1.2 European Herbalism 61</li> <li>3.1.1.3 Neo-Western Herbalism 61</li> <li>3.1. Modern Phytomedicine 61</li> <li>3.2 Prospects for Herbal Medicine 62</li> <li>3.2.1 Indian System-Based Herbal Medicine 64</li> <li>3.2.2 Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67</li> <li>3.3 Constraints in Herbal Medicine 68</li> <li>3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68</li> <li>3.3.2 Toxicity and Adverse Effects 68</li> <li>3.3.3 Adulteration and Contamination 69</li> <li>3.3.4 Herb-Drug Interactions 69</li> <li>3.3.5 Standardization 71</li> </ul>
2.12 Conclusions 50 References 53  3 Herbal Medicines: Prospects and Constraints 59 Iqbal Ahmad, Farrukh Aqil, Farah Ahmad, and Mohammad Owais 3.1 Introduction 59 3.1.1 Asian Medicinal Systems of Medicine 61 3.1.1.2 European Herbalism 61 3.1.1.3 Neo-Western Herbalism 61 3.1.2 Modern Phytomedicine 61 3.2 Prospects for Herbal Medicine 62 3.2.1 Indian System-Based Herbal Medicine 64 3.2.2 Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67 3.3 Constraints in Herbal Medicine 68 3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68 3.3.2 Toxicity and Adverse Effects 68 3.3.3 Adulteration and Contamination 69 3.3.4 Herb—Drug Interactions 69 3.3.5 Standardization 71
References 53  Herbal Medicines: Prospects and Constraints 59 Iqbal Ahmad, Farrukh Aqil, Farah Ahmad, and Mohammad Owais  Introduction 59  3.1.1 Traditional Systems of Medicine 61 3.1.1.1 Asian Medicinal System 61 3.1.1.2 European Herbalism 61 3.1.2 Modern Phytomedicine 61 3.2 Prospects for Herbal Medicine 62 3.2.1 Indian System-Based Herbal Medicine 64 3.2.2 Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67 3.3 Constraints in Herbal Medicine 68 3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68 3.3.2 Toxicity and Adverse Effects 68 3.3.3 Adulteration and Contamination 69 3.3.4 Herb-Drug Interactions 69 3.3.5 Standardization 71
Herbal Medicines: Prospects and Constraints 59 Iqbal Ahmad, Farrukh Aqil, Farah Ahmad, and Mohammad Owais  Introduction 59  3.1.1 Traditional Systems of Medicine 61 3.1.1.1 Asian Medicinal System 61 3.1.1.2 European Herbalism 61 3.1.2 Modern Phytomedicine 61 3.2 Prospects for Herbal Medicine 62 3.2.1 Indian System-Based Herbal Medicine 64 3.2.2 Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67 3.3 Constraints in Herbal Medicine 68 3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68 3.3.2 Toxicity and Adverse Effects 68 3.3.3 Adulteration and Contamination 69 3.3.4 Herb-Drug Interactions 69 3.3.5 Standardization 71
Iqbal Ahmad, Farrukh Aqil, Farah Ahmad, and Mohammad Owais  3.1 Introduction 59  3.1.1 Traditional Systems of Medicine 61  3.1.1.1 Asian Medicinal System 61  3.1.1.2 European Herbalism 61  3.1.1.3 Neo-Western Herbalism 61  3.1.2 Modern Phytomedicine 61  3.2 Prospects for Herbal Medicine 62  3.2.1 Indian System-Based Herbal Medicine 64  3.2.2 Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67  3.3 Constraints in Herbal Medicine 68  3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68  3.3.2 Toxicity and Adverse Effects 68  3.3.3 Adulteration and Contamination 69  3.3.4 Herb—Drug Interactions 69  3.3.5 Standardization 71
Iqbal Ahmad, Farrukh Aqil, Farah Ahmad, and Mohammad Owais  3.1 Introduction 59  3.1.1 Traditional Systems of Medicine 61  3.1.1.1 Asian Medicinal System 61  3.1.1.2 European Herbalism 61  3.1.1.3 Neo-Western Herbalism 61  3.1.2 Modern Phytomedicine 61  3.2 Prospects for Herbal Medicine 62  3.2.1 Indian System-Based Herbal Medicine 64  3.2.2 Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67  3.3 Constraints in Herbal Medicine 68  3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68  3.3.2 Toxicity and Adverse Effects 68  3.3.3 Adulteration and Contamination 69  3.3.4 Herb—Drug Interactions 69  3.3.5 Standardization 71
and Mohammad Owais  3.1 Introduction 59  3.1.1 Traditional Systems of Medicine 61  3.1.1.1 Asian Medicinal System 61  3.1.1.2 European Herbalism 61  3.1.1.3 Neo-Western Herbalism 61  3.1.2 Modern Phytomedicine 61  3.2 Prospects for Herbal Medicine 62  3.2.1 Indian System-Based Herbal Medicine 64  3.2.2 Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67  3.3 Constraints in Herbal Medicine 68  3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68  3.3.2 Toxicity and Adverse Effects 68  3.3.3 Adulteration and Contamination 69  3.3.4 Herb—Drug Interactions 69  3.3.5 Standardization 71
3.1 Introduction 59 3.1.1 Traditional Systems of Medicine 61 3.1.1.1 Asian Medicinal System 61 3.1.1.2 European Herbalism 61 3.1.1.3 Neo-Western Herbalism 61 3.1.2 Modern Phytomedicine 61 3.2 Prospects for Herbal Medicine 62 3.2.1 Indian System-Based Herbal Medicine 64 3.2.2 Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67 3.3 Constraints in Herbal Medicine 68 3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68 3.3.2 Toxicity and Adverse Effects 68 3.3.3 Adulteration and Contamination 69 3.3.4 Herb—Drug Interactions 69 3.3.5 Standardization 71
3.1.1 Traditional Systems of Medicine 61 3.1.1.1 Asian Medicinal System 61 3.1.1.2 European Herbalism 61 3.1.1.3 Neo-Western Herbalism 61 3.1.2 Modern Phytomedicine 61 3.2 Prospects for Herbal Medicine 62 3.2.1 Indian System-Based Herbal Medicine 64 3.2.2 Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67 3.3 Constraints in Herbal Medicine 68 3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68 3.3.2 Toxicity and Adverse Effects 68 3.3.3 Adulteration and Contamination 69 3.3.4 Herb—Drug Interactions 69 3.3.5 Standardization 71
<ul> <li>3.1.1.1 Asian Medicinal System 61</li> <li>3.1.1.2 European Herbalism 61</li> <li>3.1.1.3 Neo-Western Herbalism 61</li> <li>3.1.2 Modern Phytomedicine 61</li> <li>3.2 Prospects for Herbal Medicine 62</li> <li>3.2.1 Indian System-Based Herbal Medicine 64</li> <li>3.2.2 Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67</li> <li>3.3 Constraints in Herbal Medicine 68</li> <li>3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68</li> <li>3.3.2 Toxicity and Adverse Effects 68</li> <li>3.3.3 Adulteration and Contamination 69</li> <li>3.3.4 Herb-Drug Interactions 69</li> <li>3.3.5 Standardization 71</li> </ul>
<ul> <li>3.1.1.2 European Herbalism 61</li> <li>3.1.1.3 Neo-Western Herbalism 61</li> <li>3.1.2 Modern Phytomedicine 61</li> <li>3.2 Prospects for Herbal Medicine 62</li> <li>3.2.1 Indian System-Based Herbal Medicine 64</li> <li>3.2.2 Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67</li> <li>3.3 Constraints in Herbal Medicine 68</li> <li>3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68</li> <li>3.3.2 Toxicity and Adverse Effects 68</li> <li>3.3.3 Adulteration and Contamination 69</li> <li>3.3.4 Herb-Drug Interactions 69</li> <li>3.3.5 Standardization 71</li> </ul>
<ul> <li>3.1.1.3 Neo-Western Herbalism 61</li> <li>3.1.2 Modern Phytomedicine 61</li> <li>3.2 Prospects for Herbal Medicine 62</li> <li>3.2.1 Indian System-Based Herbal Medicine 64</li> <li>3.2.2 Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67</li> <li>3.3 Constraints in Herbal Medicine 68</li> <li>3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68</li> <li>3.3.2 Toxicity and Adverse Effects 68</li> <li>3.3.3 Adulteration and Contamination 69</li> <li>3.3.4 Herb—Drug Interactions 69</li> <li>3.3.5 Standardization 71</li> </ul>
<ul> <li>3.2 Prospects for Herbal Medicine 62</li> <li>3.2.1 Indian System-Based Herbal Medicine 64</li> <li>3.2.2 Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67</li> <li>3.3 Constraints in Herbal Medicine 68</li> <li>3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68</li> <li>3.3.2 Toxicity and Adverse Effects 68</li> <li>3.3.3 Adulteration and Contamination 69</li> <li>3.3.4 Herb-Drug Interactions 69</li> <li>3.3.5 Standardization 71</li> </ul>
<ul> <li>3.2.1 Indian System-Based Herbal Medicine 64</li> <li>3.2.2 Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67</li> <li>3.3 Constraints in Herbal Medicine 68</li> <li>3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68</li> <li>3.3.2 Toxicity and Adverse Effects 68</li> <li>3.3.3 Adulteration and Contamination 69</li> <li>3.3.4 Herb-Drug Interactions 69</li> <li>3.3.5 Standardization 71</li> </ul>
<ul> <li>3.2.2 Progress in the Pharmacokinetics and Bioavailability of Herbal Medicine 67</li> <li>3.3 Constraints in Herbal Medicine 68</li> <li>3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68</li> <li>3.3.2 Toxicity and Adverse Effects 68</li> <li>3.3.3 Adulteration and Contamination 69</li> <li>3.3.4 Herb-Drug Interactions 69</li> <li>3.3.5 Standardization 71</li> </ul>
of Herbal Medicine 67  3.3 Constraints in Herbal Medicine 68  3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68  3.3.2 Toxicity and Adverse Effects 68  3.3.3 Adulteration and Contamination 69  3.3.4 Herb–Drug Interactions 69  3.3.5 Standardization 71
3.3 Constraints in Herbal Medicine 68 3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68 3.3.2 Toxicity and Adverse Effects 68 3.3.3 Adulteration and Contamination 69 3.3.4 Herb–Drug Interactions 69 3.3.5 Standardization 71
<ul> <li>3.3.1 Reproducibility of Biological Activity of Herbal Extracts 68</li> <li>3.3.2 Toxicity and Adverse Effects 68</li> <li>3.3.3 Adulteration and Contamination 69</li> <li>3.3.4 Herb–Drug Interactions 69</li> <li>3.3.5 Standardization 71</li> </ul>
<ul> <li>3.3.2 Toxicity and Adverse Effects 68</li> <li>3.3.3 Adulteration and Contamination 69</li> <li>3.3.4 Herb–Drug Interactions 69</li> <li>3.3.5 Standardization 71</li> </ul>
<ul> <li>3.3.3 Adulteration and Contamination 69</li> <li>3.3.4 Herb–Drug Interactions 69</li> <li>3.3.5 Standardization 71</li> </ul>
<ul><li>3.3.4 Herb–Drug Interactions 69</li><li>3.3.5 Standardization 71</li></ul>
3.3.5 Standardization 71
3.3.6 Regulatory Challenges of Asian Herbal Medicine 71
3.4 Good Manufacturing Practice (GMP) for Herbal Medicine 72
3.5 Improving the Quality, Safety and Efficacy of Herbal Medicine 72
3.5.1 Quality Management 73
<ul><li>3.5.2 Encouraging Mediculture 73</li><li>3.5.3 Correct Identification of Plant Material 74</li></ul>
<ul><li>3.5.3 Correct Identification of Plant Material 74</li><li>3.5.4 Minimizing Contamination in Herbal Medicine 74</li></ul>
3.6 Conclusions 74
Acknowledgments 75
References 76

4	<b>Bioactive</b> Phytocompounds and Products Traditionally Used in Japan 7
	Jin-ichi Sasaki
4.1	Introduction 80
4.2	Garlic 80
4.2.1	Introduction 80
4.2.2	Biological Effect of Garlic 81
4.2.2.1	Antibacterial Effects 81
4.2.2.2	Anticoagulation Effects 84
4.2.2.3	Antioxidant Activity 86
4.2.2.4	Therapeutic Effects of Garlic Powder in the Organophosphate
	Compound Poisoning Mouse as a Model of SARS 87
4.3	Mushroom 87
4.3.1	Introduction 87
4.3.2	Biological Effects 88
4.3.2.1	Antitumor Activity 88
4.4	Sweetcorn 92
4.4.1	Introduction 92
4.4.2	Biological Effects 92
4.4.2.1	Antitumor Activity of Sweetcorn 92
4.5	Oil and Flavor of Tree Hiba (Japanese Cypress) (Hinokitiol) 94
4.5.1	Introduction 94
4.5.2	Biological Effects 94
4.6	Conclusions 95
	Acknowledgments 96
	References 96
5	Plant Extracts Used to Manage Bacterial, Fungal, and Parasitic
	Infections in Southern Africa 97
	J.N. Eloff and L.J. McGaw
5.1	Introduction 98
5.2	Biodiversity in Southern Africa 99
5.3	Use of Plants in Southern African Traditional Medicine 99
5.4	The Need for Anti-Infective Agents 100
5.5	Selection of Plant Species to Investigate 100
5.5,1	Ethnobotanical Approach 101
5.5.2	Chemotaxonomy 101
5.5.3	Random Selection 101
5.6	Collecting, Drying, and Storage of Plant Material 102
5.7	Extraction of Plant Material 103
5.7.1	Which is the Best Extractant? 103
5.7.2	Extraction Period and Efficiency 104
5.7.3	Selective Extraction 104
5.7.4	Redissolving Extracts for Quantitative Data 105
5.7.5	Storage of Extracts 105
5.8	Evaluating Quantitative Antimicrobial Activity 105

VIII	Contents	
	5.9	Evaluating Qualitative Biological Activity 106
	5.10	Expression of Results 107
	5.11	Antibacterial Activity 108
	5.12	Results on Antibacterial Activity Obtained with Members
		of the Combretaceae 109
	5.12.1	Introduction 109
	5.12.2	Combretum erythrophyllum 109
	5.12.3	Antibacterial Activity of Southern African Members
		of the Combretaceae 109
	5.12.4	Stability of Extracts 110
	5.12.5	Anti-Inflammatory Activity 110
	5.12.6	Other Activities of Extracts of Combretum Species 111
	5.12.7	Isolation and Biological Activity of Antibacterial Compounds
		from C. erythrophyllum 111
	5.12.8	Combretum woodii 111
	5.12.9	Unpublished Work on Other Members of the Combretaceae 112
	5.13	Antifungal Activity 112
	5.14	Antiparasitic Activity 113
	5.15	Other Anti-Infective Research in South Africa 115
	5.16	Cytotoxicity 115
	5.17	Ethnoveterinary Research 116
	5.18	Determining the <i>in vivo</i> Efficacy of Extracts and Isolated Compounds 117
	5.19	Conclusion 118
	3.19	References 119
		References 117
	6	Biological and Toxicological Properties of Moroccan Plant Extracts:
		Advances in Research 123
	25.10	M. Larhsini
	6.1	Introduction 123
	6.2	Ethnobotanic and Ethnopharmacology of Traditional Moroccan
	6.2.1	Plants 125 Ethnobotanic Surveys 125
	6.2.2	Biological Activities 126
	6.2.2.1	Antimicrobial Properties 126
	6.2.2.2	Antidiabetic Activity 128
	6.2.2.3	Other Biological Activities 131
	6.3	Toxicological Assays 131
	6.4	Conclusions 132
	0.1	References 133
	7	Anti-MRSA and Anti-VRE Activities of Phytoalexins and Phytoncides
		Isolated from Tropical Plants 137
		Yoshikazu Sakagami
		Introduction 138

7.2	Phytoalexins and Phytoncides 139
7.3	Antibiotics 140
7.4	Bacteria and Broth 140
7.4.1	VRE 140
7.4.2	VSE 141
7.4.3	MRSA 141
7.4.4	MSSA 141
7.4.5	Broth 141
7.5	Isolation of Phytoalexins and Phytoncides 141
7.6	Minimum Inhibitory Concentration 142
7.7	Synergism of Antibacterial Compounds with Commercially
	Available Antibiotics 142
7.8	Antibacterial Activities 143
7.8.1	Sophoraflavanone G 143
7.8.2	Calozeyloxanthone 144
7.8.3	a-Mangostin 144
7.8.4	Gnemonol B and Gnetin E 145
7.8.5	Summary of MIC Values of Phytoalexin and Phytoncide
	Against MRSA and VRE 146
7.9	Synergism Between the Test Compounds and Commercial Antibiotics
	Against VRE, MRSA, VSE, and MSSA 147
7.9.1	Sophoraflavanone G 147
7.9.2	Calozeyloxanthone 148
7.9.3	a-Mangostin 148
7.9.4	Stilbene Oligomer 151
7.9.5	Summary of Synergistic Effects Between the Test Compounds
	and the Commercial Antibiotics Against VRE and MRSA 153
	References 154
8	Methods for Testing the Antimicrobial Activity of Extracts 157
	Jenny M. Wilkinson
8.1	Introduction 157
8.2	Antibacterial Assays 158
8.2.1	Semi-Solid Substrate Methods 161
8.2.1.1	Disk Diffusion Method 161
8.2.1.2	Agar Dilution Method 162
8.2.1.3	Broth Dilution Methods 163
8.2.1.4	Thin-Layer Chromatography – Bioautography 164
8.3	Antifungal Assays 165
8.4	In vivo Assessment of Antibacterial and Antifungal Activity 166
8.5	Methods for Assessing Antiviral Activity 167
8.6	Screening of Plant Extracts for Antiparasitic Activity 167
8.7	Conclusions 168
	References 169

х	Contents	
•	9	Targeted Screening of Bioactive Plant Extracts and Phytocompounds Against Problematic Croups of Multidrug-Resistant Bacteria 173
	0.1	Farrukh Aqil, lqbal Ahmad, and Mohammad Owais
	9.1	Introduction 174
	9.1.1	Multiple Antibiotic Resistance in Bacteria 174
	9.1.2	Plants as a Source of Novel Bioactive compounds 177
	9.2 9.2.1	Approaches to Targeted Screening Against MDR Bacteria 179
	9.2.1	MDR Efflux Pump Inhibitors from Plants 180 β-Lactamase Inhibitors 181
	9.2.3	Synergy Between Phytocompounds and Antibiotics 182
	9.2.4	Targeting Virulence and Pathogenicity 185
	9.2.5	Quorum Sensing Inhibitors 186
	9.3	Other Potential Approaches 189
	9.3.1	Targeting Gene Transfer Mechanisms 189
	9.3.2	Targeting R-Plasmid Elimination 190
	9.4	Conclusions and Future Directions 191
	2.1	Acknowledgments 192
		References 193
	10	Activity of Plant Extracts and Plant-Derived Compounds against
		Drug-Resistant Microorganisms 199
		Antonia Nostro
	10.1	Introduction 199
	10.2	Plant Materials with General Antimicrobial Activity Including some
		Drug-Resistant Strains 200
	10.3	Plant Materials with Specific Antimicrobial Activity Against Drug- Resistant Strains 201
	10.3.1	Drug-Resistant Gram-Positive Bacteria 201
	10.3.2	Drug-Resistant Gram-Negative Bacteria 211
	10.3.3	Other Drug-Resistant Microorganisms 212
	10.4	Plant Materials that Restore the Effectiveness of Antimicrobial Agents and/or Inhibit Drug Resistance Mechanisms 223
	10.4.1	Other Mechanisms 225
	10.5	Conclusions 226
		References 226
	11	An Alternative Holistic Medicinal Approach
		to the Total Management of Hepatic Disorders:
		A Novel Polyherbal Formulation 233
		Mohammad Owais, Iqbal Ahmad, Shazia Khan, Umber Khan,
	11.1	and Nadeem Ahmad
	11.1	Introduction 233
	11.2	Conventional Medicines for Liver Disorders 236
	11.3	Herbal Medicines – Potential Therapeutic Agents with Minimal Side-Effects 237

11.4	Contributions of Elementology to Potential Treatments for Hepatic Disorders 240
11.5	Other Alternatives in Liver Therapy 242
11.6	Conclusions 242
	References 243
12	Traditional Plants and Herbal Remedies Used in the Treatment of Diarrheal Disease: Mode of Action, Quality, Efficacy, and Safety Considerations 247
	Enzo A. Palombo
12.1	Introduction 248
12.2	Methods Used in the Evaluation of Bioactivity
12.2	of Medicinal Plants 249
12.2.1	Antibacterial Activity 249
12.2.2	Antiprotozoal Activity 250
12.2.3	Antihelminthic Activity 250
12.2.4	Antiviral Activity 250
12.2.5	Antidiarrheal Activity 251
12.3	Traditional Medicinal Plants Used in the Treatment of Diarrhea
	that Display Antimicrobial Activity 252
12.4	Traditional Medicinal Plants Used in the Treatment of Diarrhea
	that Display Antidiarrheal Activity 255
12.5	Phytochemical Analysis, Identification of Active Plant Components, and Mechanism of Action of Medicinal Plants Used in the Treatment of Diarrhea 260
12.6	Quality, Efficacy, and Safety Considerations 263
12.7	Conclusions 266
	Acknowledgments 267
	References 267
13	Mutagenicity and Antimutagenicity of Medicinal Plants 271  Javed Musarrat, Farrukh Aqil, and Iqbal Ahmad
13.1	Introduction 271
13.2	Plants as Protective Agents Against DNA Damage 272
13.3	Antimutagenic Properties of Edible and Medicinal Plants 274
13.4	Mutagenicity of Plant Extracts and Phytocompounds 279
13.5	"Janus Carcinogens and Mutagens" 280
13.6	Chemical Nature of Phytoantimutagenic Compounds 281
13.6.1	Flavonoids 282
13.6.2	Phenolic Compounds 282
13.6.3	Coumarins 282
13.6.4	Diterpenoids 282
13.6.5	Organosulfur Compounds 283
13.7	Assays for Mutagenicity and Antimutagenicity 283
13.8	Paradigms in Antimutagenicity Research 285

13.9	Conclusions 285
	References 286
14	Potential of Plant-Derived Products in the Treatment
	of Mycobacterial Infections 293
	Deepa Bisht, Mohammad Owais, and K. Venkatesan
14.1	Introduction 293
14.2	Current Therapy of Tuberculosis and Leprosy 294
14.3	Need for Newer Antimycobacterial Drugs 295
14.4	Plant Extracts 295
14.5	Well-Characterized Plant-Derived Compounds 297
14.5.1	Alkanes, Alkenes, Alkynes, Fatty Acids and their Esters
	and Simple Aromatics 297
14.5.2	Alkaloids 299
14.5.3	Phenolics and Acetogenic Quinones 302
14.5.4	Terpenes 304
14.5.5	Steroids 308
14.6	Conclusion 308
	Acknowledgements 309
	References 309
752	
15	Ethnomedicinal Antivirals: Scope and Opportunity 313
	Debprasad Chattopadhyay
15.1	Introduction 313
15.1.1	Ethnomedicines and Drug Discovery 314
15.1.2	Viruses: The Acellular Parasite of Cellular Hosts 315
15.1.2.1	Viral Infection Control 316
15.2	Antiviral Ethnomedicines Against Common Virus Families 316
15.3	Major Groups of Antivirals from Plants 321
15.3.1	Phenolics and Polyphenols 322
45 2 2	**
15.3.2	Coumarins 323
15.3.3	Coumarins 323 Quinones 324
15.3.3 15.3.4	Coumarins 323 Quinones 324 Flavones, Flavonoids, and Flavonols 324
15.3.3 15.3.4 15.3.5	Coumarins 323 Quinones 324 Flavones, Flavonoids, and Flavonols 324 Tannins 327
15.3.3 15.3.4 15.3.5 15.3.6	Coumarins 323 Quinones 324 Flavones, Flavonoids, and Flavonols 324 Tannins 327 Lignans 327
15.3.3 15.3.4 15.3.5 15.3.6 15.3.7	Coumarins 323 Quinones 324 Flavones, Flavonoids, and Flavonols 324 Tannins 327 Lignans 327 Terpenoids and Essential Oils 328
15.3.3 15.3.4 15.3.5 15.3.6 15.3.7 15.3.8	Coumarins 323 Quinones 324 Flavones, Flavonoids, and Flavonols 324 Tannins 327 Lignans 327 Terpenoids and Essential Oils 328 Alkaloids 329
15.3.3 15.3.4 15.3.5 15.3.6 15.3.7 15.3.8 15.3.9	Coumarins 323 Quinones 324 Flavones, Flavonoids, and Flavonols 324 Tannins 327 Lignans 327 Terpenoids and Essential Oils 328 Alkaloids 329 Lectins, Polypeptides and Sugar-Containing Compounds 330
15.3.3 15.3.4 15.3.5 15.3.6 15.3.7 15.3.8 15.3.9 15.4	Coumarins 323 Quinones 324 Flavones, Flavonoids, and Flavonols 324 Tannins 327 Lignans 327 Terpenoids and Essential Oils 328 Alkaloids 329 Lectins, Polypeptides and Sugar-Containing Compounds 330 Mixtures and Other Compounds 330
15.3.3 15.3.4 15.3.5 15.3.6 15.3.7 15.3.8 15.3.9 15.4 15.5	Coumarins 323 Quinones 324 Flavones, Flavonoids, and Flavonols 324 Tannins 327 Lignans 327 Terpenoids and Essential Oils 328 Alkaloids 329 Lectins, Polypeptides and Sugar-Containing Compounds 330 Mixtures and Other Compounds 330 Experimental Approaches 331
15.3.3 15.3.4 15.3.5 15.3.6 15.3.7 15.3.8 15.3.9 15.4 15.5 15.5.1	Coumarins 323 Quinones 324 Flavones, Flavonoids, and Flavonols 324 Tannins 327 Lignans 327 Terpenoids and Essential Oils 328 Alkaloids 329 Lectins, Polypeptides and Sugar-Containing Compounds 330 Mixtures and Other Compounds 330 Experimental Approaches 331 In Vitro Efficacy 331
15.3.3 15.3.4 15.3.5 15.3.6 15.3.7 15.3.8 15.3.9 15.4 15.5 15.5.1 15.5.1	Coumarins 323 Quinones 324 Flavones, Flavonoids, and Flavonols 324 Tannins 327 Lignans 327 Terpenoids and Essential Oils 328 Alkaloids 329 Lectins, Polypeptides and Sugar-Containing Compounds 330 Mixtures and Other Compounds 330 Experimental Approaches 331 In Vitro Efficacy 331 Clinical Trials in Humans 332
15.3.3 15.3.4 15.3.5 15.3.6 15.3.7 15.3.8 15.3.9 15.4 15.5 15.5.1 15.5.2 15.6	Coumarins 323 Quinones 324 Flavones, Flavonoids, and Flavonols 324 Tannins 327 Lignans 327 Terpenoids and Essential Oils 328 Alkaloids 329 Lectins, Polypeptides and Sugar-Containing Compounds 330 Mixtures and Other Compounds 330 Experimental Approaches 331 In Vitro Efficacy 331 Clinical Trials in Humans 332 Future Prospects 334
15.3.3 15.3.4 15.3.5 15.3.6 15.3.7 15.3.8 15.3.9 15.4 15.5 15.5.1 15.5.1	Coumarins 323 Quinones 324 Flavones, Flavonoids, and Flavonols 324 Tannins 327 Lignans 327 Terpenoids and Essential Oils 328 Alkaloids 329 Lectins, Polypeptides and Sugar-Containing Compounds 330 Mixtures and Other Compounds 330 Experimental Approaches 331 In Vitro Efficacy 331 Clinical Trials in Humans 332 Future Prospects 334 Conclusions 334
15.3.3 15.3.4 15.3.5 15.3.6 15.3.7 15.3.8 15.3.9 15.4 15.5 15.5.1 15.5.2 15.6	Coumarins 323 Quinones 324 Flavones, Flavonoids, and Flavonols 324 Tannins 327 Lignans 327 Terpenoids and Essential Oils 328 Alkaloids 329 Lectins, Polypeptides and Sugar-Containing Compounds 330 Mixtures and Other Compounds 330 Experimental Approaches 331 In Vitro Efficacy 331 Clinical Trials in Humans 332 Future Prospects 334

16	Irnrnunornodulatory Effects of Phytocornpounds 341 Buket Cicioğlu Arıdoğan
16.1	Introduction 342
16.1.1	General Properties and Classification of Phytocompounds 342
16.2	Effect of Specific Medicinal Herbs on Immune System and Immune Cells 343
16.3	
16.3	General Properties of Echinacea Species 344
16.4	Effects of Echinacea Species on the Immune System and Various Immune Cells 345
16.5	Asteraceae 349
16.6	Lithospermum erythrorhizon 351
16.7	Guarana 352
16.8	Side and Adverse Effects of Some Phytocompounds 352
16.9	Conclusion 353
	References 354
17	Use of a Liposomal Delivery System for Herbal-Based Therapeutics
	(with a Focus on Clove Oil) 357
	Nadeem Ahmad, Maroof Alam, lqbal Ahmad, and Mohammad Owais
17.1	Introduction 357
17.1.1	Cinnamon Oil 359
17.1.2	Oregano Oil 359
17.1.3	Clove Oil 359
17.1.3.1	Composition of the Clove Oil Used 360
17.2	Rationale for Using Liposomized Formulation of Clove Oil 361
17.2.1	Advantageous Properties of Liposomes 362
17.3	Experiments Conducted to Develop Liposomal Clove Oil
	Formulation 362
17.3.1	Determination of MIC of Clove Oil against Candida albicans 363
17.3.2	Determination of MIC of Clove Oil against Escherichia coli 363
17.3.3	In Vitro Antibacterial Activity Test Results 363
17.3.4	In Vitro Antifungal Activity Tests Results (Table 17.4) 364
17.3.5	In Vivo Antifungal Activity Test Results against Experimental Vaginal
	Candidiasis 364
17.3.5.1	<b>7</b> 1
17.3.5.2	Evaluation of Route of Administration 365
17.4	Conclusions 366
	References 366

Subject Index 369