
Table of Contents

SECTION I Pathophysiology and Treatment of Obesity

Introduction.....	3
Chapter 1	
Neuroendocrine Regulation of Food Intake.....	5
<i>Samuel Dagogo-Jack, M.D., M.B.B.S., M.Sc., F.R.C.P., F.A.C.P.</i>	
Chapter 2	
The Enteroinsular Axis.....	27
<i>Linda M. Morgan, Ph.D.</i>	
Chapter 3	
Achieving a Healthy Body Weight: Diet and Exercise Interventions for Type 2 Diabetes.....	43
<i>Connie W. Bales, Ph.D., R.D., and Jarna L. Purser, P.T., Ph.D.</i>	
Chapter 4	
Metabolic Syndrome: Recognition, Etiology, and Physical Fitness as a Component.....	57
<i>William E. Kraus, M.D. and Cris A. Slentz, Ph.D.</i>	
Chapter 5	
Metabolic Alterations in Muscle Associated with Obesity	79
<i>John P. Thyfault, Ph.D. and G. Lynis Dohrn, Ph.D.</i>	
Chapter 6	
Nonsurgical Management of Obesity.....	99
<i>Jarol Boan, M.D., M.P.H.</i>	
Chapter 7	
Bariatric Surgery for Obesity.....	111
<i>Ross L. McMahon, M.D., F.R.C.S.C., FACS</i>	

Chapter 8

Postoperative Management of the Bariatric-Surgery Patient..... 125
Jarol Boan, M.D., M.P.H.

SECTION II Pathophysiology and Treatment of Diabetes

Introduction..... 137

Chapter 9

Epidemiology, Risks, and Health-Care Expenditures for Diabetes and Its Complications..... 139
William F. Kendall, Jr., M.D.

Chapter 10

Nutrient Interactions and Glucose Homeostasis..... 161
Emmanuel C. Opara, Ph.D.

Chapter 11

Type 2 Diabetes in Childhood: Diagnosis, Pathogenesis, Prevention, and Treatment 177
Michael Freemark, M.D.

Chapter 12

Management of Obesity-Associated Type 2 Diabetes..... 205
Lillian F. Lien, M.D., and Mark N. Feinglos, M.D., C.M.

Chapter 13

Management of Type 2 Diabetes in Underrepresented Minorities in the U.S. 227
Samuel Dagogo-Jack, M.D., M.B.B.S., M.Sc., F.R.C.P., F.A.C.P.

Chapter 14

Management of Diabetes in Developing Countries..... 249
Jean Claude Mbanya, M.D., M. Phil., Ph.D. and Eugene Sobngwi, M.D., M. Phil., Ph.D.

Chapter 15

Diabetes in Pregnancy 267
Roger Harms, M.D.

Chapter 16

Web-Based Simulations for Dynamic Variations in Blood-Glucose
Concentration of Patients with Type 1 Diabetes281
Ali Cinar, Ph.D.

**SECTION 111 The Role of Oxidative Stress in the
Pathogenesis and Treatment of
Diabetes and Its Complications**

Introduction.....3 01

Chapter 17

The Nutrient Paradox: Oxidative Stress in Pancreatic β -Cells 303
Leonid E. Fridlyand, Ph.D. and Louis H. Philipson, M.D., Ph.D.

Chapter 18

Oxidative Stress in Type 1 Diabetes: A Clinical Perspective.....319
Robert D. Hoeldtke, M.D., Ph.D.

Chapter 19

Oxidative Stress and Glycemic Control in Type 2 Diabetes.....345
Emmanuel C. Opara, Ph.D.

Chapter 20

Oxidative Stress and Vascular Complications of Diabetes Mellitus 361
Fateh Entabi, M.D. and Michael T. Watkins, M.D.

Chapter 21

Oxidative Injury in Diabetic Neuropathy381
James W. Russell, M.D., M.Sc. and Alexander J. Kaminsky, M.D.

Chapter 22

Diabetic Nephropathy 399
Carlton J. Young, M.D.

Chapter 23

Pathophysiology and Management of Diabetic Gastropathy427
Tan Attila, M.D. and Timothy R. Koch, M.D.

Index..... 449