

## CONTENTS

PART I RADIATION AND ITS EFFECTS	1
Chapter 1 Radiation	3
Chapter 2 Biophysical Action of Ionizing Radiation	17
Chapter 3 Cellular Effects of Ionizing Radiation	23
Chapter 4 Whole-Body Irradiation and Systemic Effects	35
Chapter 5 Latent Whole-Body Irradiation Effects	49
PART II PRINCIPLES OF CARE	55
Chapter 6 Diagnostic and Therapeutic Usage of Radiation	57
Chapter 7 Accidental Irradiation	75
PART III DISASTER PREPAREDNESS	87
Chapter 8 Nuclear Energy and Related Accidents/Incidents	89
Chapter 9 Disaster Planning Concepts	101
Chapter 10 Developing Radiation Disaster Plans	111
Quick References	123
Appendix A Atomic Structures	167
Appendix B Radiation Workers Maximum Permissible Dose (MPD)	171
Appendix C Examples of Survey Meters	177
Appendix D Standard Care Plan for Patient Receiving External Radiation Therapy	183
Appendix E Radiological Isolation Principles	189
Appendix F Radiological Assistance	193
Appendix G Wet Decontamination Methods	197
Appendix H Commercial Nuclear Power Reactions in the U.S.	203
Appendix I Individual Protective Actions	211
Appendix J Management Guidelines for Radiation Accidents: At the Scene	215
Appendix K Management Guidelines for Radiation Accidents: Health Care Facilities	219
Appendix L Management Guidelines for Radiation Accidents: Health Care Facilities	219
Appendix M Saint Mary's Hospital Radiation Accident Plan	221
Appendix N Nuclear Glossary	237
Index	247