

Table of Contents

1	Stress and Strain	
1.1	Free Energy and Stress.....	1
1.2	Interrelationship Among the Stresses in Elastic Body.....	4
1.3	Viscoelasticity.....	8
1.3.1	Stress Relaxation.....	8
1.3.2	Superposition of the Stress-strain History.....	11
1.4	The Relaxation Spectrum.....	15
1.4.1	Phenomenological Aspects.....	15
1.4.2	The Three Stages of Relaxation.....	18
1.4.3	Molecular Interpretation.....	23
1.4.3.1	Conformational Relaxation Without Cooperativity.....	23
1.4.3.2	Cooperativity in Stage 1 Relaxation.....	30
1.4.3.3	External Viscosity: Stage 2 and 3.....	31
1.5	Approximate Relations Among Linear Viscoelastic Functions.....	31
1.6	The Yield Phenomenon.....	34
2	Intermolecular Cooperativity	
2.1	A Molecular Model for Intermolecular Cooperativity.....	42
2.2	Distribution of Relaxation Times near the Glass Transition.....	65
2.2.1	Stage 1: Relaxation of Conformers.....	65
2.2.2	Stage 2: The "Transition" Zone.....	74
3	The Glassy State	
3.1	Isothermal Contraction/Expansion in the Nonequilibrium State.....	80
3.2	Linear Viscoelastic Relaxation in the Glassy State.....	100
3.3	Plasticity and Nonlinear Viscoelasticity in the Glassy State.....	111
3.3.1	The Magnitude of Relaxation Time in Glassy Polymers.....	111
3.3.2	The Free Volume Hypothesis.....	113
3.3.3	Plasticity and Yield Phenomena.....	119
3.3.4	Viscoplasticity and Nonlinear Viscoelasticity.....	126
3.3.5	Engineering Scaling Rules for Creep, Relaxation, and Stress-Strain.....	132
3.3.6	Invariants in Elasticity.....	136
3.3.7	The Hypothesis of Domain Breakup During Yield.....	141

4	The Molten State	
4.1	Elements of Melt Rheology.....	143
4.2	Rubber Elasticity.....	148
4.3	Linear Viscoelasticity without Entanglement: Stage 2.....	159
4.4	Linear Viscoelasticity with Entanglement: Stage 3.....	168
4.5	The Melt Flow.....	178
4.6	Additional Comments.....	190
4.6.1	The Vertical Shift Factor and the BKZ Theory.....	190
4.6.2	The Stress Overshoot.....	193
4.6.3	Normal Stresses.....	195
5	The Crystalline State	
5.1	Melting and Crystallization.....	198
5.2	Relaxation of Semicrystalline Polymers as Composite Structures	211
5.3	Engineering Properties.....	225
6	Related Topics	
6.1	The Glass Transition in Crosslinked Polymers (Thermosets)	237
6.2	Failure in Plastics.....	250
6.2.1	Polymers Above T_g	250
6.2.2	Polymer Solids.....	256
6.2.3	Crazing and Stress Cracking.....	257
6.2.4	Impact Strength and the Brittle-Ductile Transition Temperature.....	258
6.3	Polymer Solutions.....	264
7	Computer Programs in BASIC	
7.1	Engineering Properties of Glassy and Crystalline Polymers.....	275
7.1.1	Nomenclature for POLYMER1.BAS.....	277
7.1.2	Nomenclature in the Program.....	278
7.1.3	Optional Subroutines.....	280
7.1.4	Function Keys.....	280
7.2	The Program.....	281
7.3	Thermodynamic Recovery.....	301
	Nomenclature.....	313
	Index.....	317