## **Gourmet and Health-Promoting Specialty Olls**

## **Contents**

Prefacevii
Introduction
List of Color Illustrations
Color Illustrations
1: Olive Oil  Diego L. García-González, Ramón Aparicio-Ruiz, and Ramón Aparicio33
2: Avocado Oil  Allan Woolf, Marie Wong, Laurence Eyres, Tony McGhie, Cynthia Lund,  Shane Olsson, Yan Wang, Cherie Bulley, Mindy Wang, Ellen Friel,  and Cecilia Requejo-Jackman
3: Tree Nut Oils Afaf Kamal-Eldin and Robert A. Moreau
4: Flax, Perilla, and Camelina Seed Oils: α-Linolenic Acid-Rich Oils Clifford Hall III, Kelley C. Fitzpatrick, and Afaf Kamal-Eldin
5: Hempseed Oil J.C. Callaway and David W. Pate
6: Berry Seed and Grapeseed Oils Anna-Maija Lampi and Marina Heinonen
7: Borage, Evening Primrose, Blackcurrant, and Fungal Oils: $\gamma$ -Linolenic Acid-Rich Oils
D.E. Barre
8: Sesame Seed Oil Ali Moazzami and Afaf Kamal-Eldin
9: Niger Seed Oil Mohamed Fawzy Ramadan
10: Nigella (Black Cumin) Seed Oil  Afaf Kamal-Eldin
11: Camellia Oil and Tea Oil Kevin Robards, Paul Prenzler, Danielle Ryan, and Haiyan Zhong313
12: Pumpkin Seed Oil  Michael Murkovic

13: Wheat Germ Oil Nurhan T. Dunford359
14: Rice Bran Oil I. Samuel Godber377
15: Corn Kernel Oil and Corn Fiber Oil Robert A. Moreau, Vijay Singh, Michael J. Powell, and Kevin B. Hicks409
1 <b>6: Oat Oil</b> Kevin Robards, Paul Prenzler, Danielle Ryan, and Afaf Kamal-Eldin433
17: Barley Oil Robert A. Moreau455
18: Parsley, Carrot, and Onion Seed Oils Liangli (Lucy) Yu and Junjie (George) Hao479
19: Algal Oils Iciar Astiasarán and Diana Ansorena491
20: Fish Oils Jana Pickova515
21: Butter, Butter Oil, and Ghee Bhavbhuti M. Mehta527
Contributors561
Index565