

CONTENTS

**Part I. Food and Man**

1. INTRODUCTION	1
2. DIETS AND DEEDS	6
3. INDIVIDUALS ALL	21
4. OUR FOOD NEEDS	30

**Part II. The Fountainhead of Foods**

5. DISCOVERY AND SPREAD OF AGRICULTURE	45
6. THE WORLD'S AGRICULTURAL LAND RESOURCES	59
7. THE WORLD'S WATER RESOURCES FOR FOOD PRODUCTION	88
8. FOOD FROM THE SEAS	118
9. THE WORLD'S FOOD PRODUCTION	134

**Part III. Spanning the Harvests**

10. THE COMPOSITION OF PLANTS AND ANIMALS AND THEIR STORAGE STABILITY AS FOODS	163
11. FOOD STORAGE AND DISTRIBUTION	176

**Part IV. World Starvation and Its Control**

12. WORLD FOOD CONSUMPTION PATTERNS	205
13. CLOSED CYCLE FOOD FACTORY-TECHNOLOGICAL BREAKTHROUGHS	221
14. MINIMUM ADEQUATE FOODS FOR MAN	245
15. WORLD'S POPULATION AND ITS CONTROL	261
16. FEASTS, FAMINES AND THE FUTURE	279

<i>Bibliography</i>	297
---------------------	-----

<i>Index</i>	307
--------------	-----