

## CONTENTS

1. The Rise of Frozen Foods	1
2. Refrigeration Technology	23
3. Freezing Vegetables	81
4. Freezing Fruits	135
5. Freezing Meats	215
6. Freezing Poultry	240
7. Freezing Fish	273
8. Freezing of Shellfish	318
9. Freezing of Dairy Products	357
10. Freezing of Egg Products	396
11. Precooked Frozen Foods	413
12. Packaging of Frozen Foods	451
13. Microbiology of Frozen Foods	476
14. The Nutritive Value of Frozen Foods	506
15. Quality Compliance and Assurance	536
16. Warehousing and Retail Cabinets	575
Appendix	606
Index	616