
Contents

Chapter 1	Food Components and Quality	1
<i>Zdzisław E. Sikorski and Barbara Piotrowska</i>		
Chapter 2	Chemical Composition and Structure of Foods	15
<i>Krystyna Palka</i>		
Chapter 3	Water and Food Quality	29
<i>Emilia Barbara Cybulska and Peter Edward Doe</i>		
Chapter 4	Mineral Components.....	61
<i>Michał Nabrzyski</i>		
Chapter 5	Saccharides.....	93
<i>Piotr Tomasik</i>		
Chapter 6	The Role of Proteins in Food	129
<i>Zdzisław E. Sikorski</i>		
Chapter 7	Lipids and Food Quality	177
<i>Andrzej Stołyhwo</i>		
Chapter 8	Rheological Properties of Food Systems	209
<i>Anna Pruska-Kędzior and Zenon Kędzior</i>		
Chapter 9	Food Colorants.....	245
<i>Jadwiga Wilska-Jeszka</i>		
Chapter 10	Food Allergens.....	275
<i>Barbara Wróblewska</i>		

Chapter 11 Flavor Compounds in Foods.....	295
<i>Bonnie Sun-Pan, Jen-Min Kuo, and Chung-May Wu</i>	
Chapter 12 Interactions of Food Components	329
<i>Zdzisław E. Sikorski and Norman F. Haard</i>	
Chapter 13 Main Food Additives.....	357
<i>Adriaan Ruiter and Alphons G.J. Voragen</i>	
Chapter 14 Food Safety	375
<i>Julie Miller Jones</i>	
Chapter 15 Prebiotics.....	391
<i>Bob Rastall</i>	
Chapter 16 Probiotics in Food.....	413
<i>Maria Bielecka</i>	
Chapter 17 Mood Food.....	427
<i>Maria H. Borawska</i>	
Chapter 18 Food Components in the Protection of the Cardiovascular System.....	439
<i>Piotr Siondalski and Wiesława Łysiak-Szydłowska</i>	
Chapter 19 Mutagenic, Carcinogenic, and Chemopreventive Compounds in Foods.....	451
<i>Agnieszka Bartoszek</i>	
Chapter 20 The Role of Food Components in Children's Nutrition	487
<i>Grażyna Sikorska-Wisniewska and Małgorzata Szumera</i>	
Index	517