

CONTENTS

| | |
|--|-----|
| Preface | v |
| Contributors | vii |
| Chapter 1 | |
| THE CONSUMER, THE PRODUCT, AND THE PROMISE | 1 |
| Chapter 2 | |
| HUMAN NUTRIENT REQUIREMENTS AND DIETARY ALLOWANCES | 7 |
| Chapter 3 | |
| VITAMINS | 47 |
| Chapter 4 | |
| LIPIDS | 97 |
| Chapter 5 | |
| MINERALS | 139 |
| Chapter 6 | |
| PROTEINS AND AMINO ACIDS | 153 |
| Chapter 7 | |
| TECHNOLOGY OF FORTIFICATION | 217 |
| Chapter 8 | |
| PREDICTION OF NUTRIENT LOSSES AND OPTIMIZATION OF PROCESSING CONDITIONS | 233 |



| | |
|--|-----|
| ANTINUTRITIONAL AND TOXIC SUBSTANCES: NATURALLY OCCURRING AND ACCIDENTAL CONTAMINANTS | 265 |
| Chapter 10 AGRICULTURAL CHEMICALS | 295 |
| Chapter 11 PRESERVATIVES ADDED TO FOODS | 369 |
| Chapter 12 IMMUNOLOGICAL ASPECTS OF FOODS AND FOOD SAFETY | 399 |
| Chapter 13 THE CONSUMER, THE PRODUCT, AND THE PROMISE | |