
Contents

<i>Foreword</i>	xi
<i>Contributors</i>	xiii
1 Introduction	1
Graciela W. Padua	
References	3
2 Material components for nanostructures	5
Graciela W. Padua and Panadda Nonthanum	
2.1 Introduction	5
2.2 Self-assembly	6
2.3 Proteins and peptides	8
2.3.1 Amyloidogenic proteins	8
2.3.2 Collagen	9
2.3.3 Gelatin	9
2.3.4 Caseins	10
2.3.5 Wheat gluten	10
2.3.6 Zein	10
2.3.7 Eggshell membranes	10
2.3.8 Bovine serum albumin	11
2.3.9 Enzymes	11
2.4 Carbohydrates	11
2.4.1 Cyclodextrins	11
2.4.2 Cellulose whiskers	12
2.5 Protein–polysaccharides	13
2.6 Liquid crystals	14
2.7 Inorganic materials	14
References	15
3 Self-assembled nanostructures	19
Qin Wang and Boce Zhang	
3.1 Introduction	19
3.2 Self-assembly	20
3.2.1 Introduction	20
3.2.2 Micelles	20
3.2.3 Fibers	21
3.2.4 Tubes	23

3.3	Layer-by-layer assembly	24
3.3.1	Introduction	24
3.3.2	Nanofilms on planar surfaces from LbL	25
3.3.3	Nanocoatings from LbL	27
3.3.4	Hollow nanocapsules from LbL	28
3.4	Nanoemulsions	29
3.4.1	Introduction	29
3.4.2	High-energy nanoemulsification methods	30
3.4.3	Low-energy nanoemulsification methods	31
3.4.4	Nanoparticles generated from different nanoemulsions and their applications	33
	References	34
4	Nanocomposites	41
	Graciela W. Padua, Panadda Nonthanum and Amit Arora	
4.1	Introduction	41
4.2	Polymer nanocomposites	42
4.3	Nanocomposite formation	43
4.4	Structure characterization	44
4.5	Biobased nanocomposites	45
4.5.1	Starch nanocomposites	46
4.5.2	Pectin nanocomposites	46
4.5.3	Cellulose nanocomposites	47
4.5.4	Polylactic acid nanocomposites	47
4.5.5	Protein nanocomposites	48
4.6	Conclusion	50
	References	50
5	Nanotechnology-enabled delivery systems for food functionalization and fortification	55
	Rashmi Tiwari and Paul Takhistov	
5.1	Introduction: functional foods	55
5.2	Food matrix and food micro-structure	56
5.3	Target compounds: nutraceuticals	58
5.3.1	Solubility and bioavailability of nutraceuticals	60
5.3.2	Interaction of nutraceuticals with food matrix	61
5.4	Delivery systems	64
5.4.1	Overcoming biological barriers	64
5.4.2	Nano-scale delivery systems	65
5.4.3	Types/design principles	67
5.4.4	Modes of action	69
5.5	Examples of nanoscale delivery systems for food functionalization	72
5.5.1	Liposomes	72
5.5.2	Nano-cochleates	74
5.5.3	Hydrogels-based nanoparticles	75
5.5.4	Micellar systems	75

5.5.5	Dendrimers	77
5.5.6	Polymeric nanoparticles	78
5.5.7	Nanoemulsions	80
5.5.8	Lipid nanoparticles	81
5.5.9	Nanocrystalline particles	83
5.6	Conclusions	85
	References	85
6	Scanning electron microscopy	103
	Yi Wang and Vania Petrova	
6.1	Background	103
6.1.1	Introduction to the scanning electron microscope	103
6.1.2	Why electrons?	104
6.1.3	Electron–target interaction	104
6.1.4	Secondary electrons (SEs)	105
6.1.5	Backscattered electrons (BSEs)	106
6.1.6	Characteristic X-rays	107
6.1.7	Overview of the SEM	107
6.1.8	Electron sources	108
6.1.9	Lenses and apertures	109
6.1.10	Electron beam scanning	109
6.1.11	Lens aberrations	110
6.1.12	Vacuum	111
6.1.13	Conductive coatings	111
6.1.14	Environmental SEMs (ESEMs)	111
6.2	Applications	111
6.2.1	Zein microstructures	112
6.2.2	Controlled magnifications	115
6.2.3	Nanoparticles	117
6.3	Limitations	119
6.3.1	Radiation damage	120
6.3.2	Contamination	122
6.3.3	Charging	124
	References	126
7	Transmission electron microscopy	127
	Changhui Lei	
7.1	Background	127
7.2	Instrumentations and applications	128
7.2.1	Interactions between incident beam and specimen	129
7.2.2	Conventional TEM	130
7.2.3	Scanning TEM	136
7.2.4	Analytical electron microscopy	139
7.3	Sample preparations	142
7.4	Limitations	143
	References	143

8	Dynamic light scattering	145
	Leilei Yin	
8.1	The principle of dynamic light scattering	145
8.2	Photon correlation spectroscopy	151
8.3	DLS apparatus	152
8.4	DLS data analysis	156
8.4.1	Multiple-decay methods	158
8.4.2	Regularization methods	158
8.4.3	Maximum-entropy method	159
8.4.4	Cumulant method	159
	References	160
9	X-ray diffraction	163
	Yi Wang and Phillip H. Geil	
9.1	Background	163
9.1.1	Introduction	163
9.1.2	Classical X-ray setup	165
9.1.3	X-ray sources	165
9.1.4	X-ray detectors	168
9.1.5	Wide-angle X-ray scattering and small-angle X-ray scattering	169
9.2	Applications	169
9.2.1	Example: X-ray characterization of zein–fatty acid films	170
9.2.2	Temperature-controlled WAXS	176
	References	179
10	Quartz crystal microbalance with dissipation	181
	Boce Zhang and Qin Wang	
10.1	Background and principles	181
10.2	Instrumentation and data analysis	183
10.2.1	Sensors	183
10.2.2	Data analysis	184
10.3	Applications	185
10.4	Advantages	190
	References	192
11	Focused ion beams	195
	Yi Wang	
11.1	Background	195
11.1.1	Introduction to the focused ion beam system	195
11.1.2	Overview of the FIB	196
11.1.3	Ion beam production	196
11.1.4	Ion–target interaction	198
11.1.5	Basic functions of the FIB system	199
11.1.6	SEM and SIM	200

11.1.7 SEM and FIB combined system	201
11.1.8 3D nanotomography with application of real-time imaging during FIB milling	201
11.1.9 3D nanostructure fabrication by FIB	202
11.2 Applications	202
11.2.1 Polymers	202
11.2.2 Biological products	203
11.2.3 Example: self-assembled protein structures	203
11.3 Limitations	207
References	214
12 X-ray computerized microtomography	215
Leilei Yin	
12.1 Introduction	215
12.2 X-ray generation	215
12.3 X-ray images	217
12.4 X-ray micro-CT systems	220
12.5 Data reconstructions	226
12.6 Artifacts in micro-CT images	228
12.6.1 Ring artifacts	229
12.6.2 Center errors	230
12.6.3 Beam-hardening artifacts	230
12.6.4 Phase-contrast artifacts	231
12.7 A couple of issues in X-ray micro-CT practice	232
12.7.1 The spatial resolution, and associated issues of contrast and field of view	232
12.7.2 Localized imaging and sample-size reduction	232
References	233
<i>Index</i>	235

A color plate section falls between pages 194 and 195