

Contents

Why Make Your Own Soap?	6
PART 1 Learn to Make Handcrafted Soap	8
1 Soapmaking Techniques and Safety Guidelines	10
2 Soapmaking Equipment	18
3 Making a Basic Cold-Process Batch: A Tutorial	26
4 Understanding Oil Choices	32
5 Choosing Colorants	40
6 Using Essential Oils and Fragrance Oils	46
PART 2 31 Cold-Process Recipes	52
7 Playing with Color	54
Natural Colors	56
Black and White	60
5-Color Neon Cube	64
LabColors Ombre	70
Column Pour	74
Funnel Pour	78
Color Block	82
Stained Glass	88



8	Creative Molds	94
	Milk-Carton Mica Bars	96
	Yogurt-Tub Swirl	100
	Cylinder-Pour Goat Milk	104
	Shoebox In-the-Pot-Swirl	110
	Cupcake Cuties	114
9	Inspired by Food	120
	Pumpkin In-the-Pot-Swirl	122
	Coconut Milk Bars	128
	Avocado Moisturizing Bars	134
	Angled-Pour Beer Bars	140
	Wine Twist	147
10	Exploring Additives	152
	Coffee Grounds	154
	Calendula Cleansing Bar	158
	Oatmeal Layers	162
	Clay Spoon-Plop	166
	Psychedelic Green Tea	172
11	Super Swirls	178
	Neon Swirl	180
	Linear Swirl with Oxides	186
	12-Color Linear Swirl	192
	Tie-Dye Soap	198
	Painted Hearts	204
	Mantra Swirl	210
	Squirty Swirls	216
	Fire-Drop Swirl	222
	Frequently Asked Questions	227
	Resources	237
	Index	238